

# PENNSYLVANIA CLUBWOMAN

Official Publication of the  
General Federation of Women's Clubs Pennsylvania  
Member GFWC



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## PRESIDENT'S MESSAGE

Dear Friends,

Now that the reporting is done, it is time to plan on attending the CONVENTION!

A great big THANK YOU to all who submitted reports. This information is very valuable to our organization. The statistics prove we are a viable organization, and it gives us credibility and clout. It makes our voices HEARD when we contact our legislators and other organizations.

The CALL for the Annual Convention is inside with a *preliminary* agenda. We have great speakers lined up and a few surprises thanks to a very generous donation from a Clubwoman for the Convention.

Please remember to bring standard size pillows and twin-size comforters and blankets for “**Sleep in Heavenly Peace**”. We will be presenting the donations to the representative from that organization at our Friday Lunch, who will speak about their mission. Friday evening, we will hear how working with horses helps to heal Veterans with PTSD and other challenges. On Saturday we will celebrate the Arts at lunch. Saturday afternoon we will learn chair yoga and self-defense. Saturday evening we will hear from MAR President, Mary Pat Marcello, and honor our past State presidents. We will also enjoy some ‘FUN-RAISING’. Awards will be given out throughout the weekend.

Please come hear about the amazing work our clubs are doing throughout our state. Come see your Federated Sisters and enjoy meeting new ones. Convention is a wonderful time to learn about new projects and causes, make new friends, and reconnect with those you see only a few times a year. Personally speaking, I have made friends over the years and throughout the state by attending District Meetings and State Conventions, all who have enriched my life.

The most significant benefit of belonging to GFWC is the support, encouragement, comfort, enthusiasm, creativity, and friendship shared by members from all walks of life, with varied perspectives, diverse backgrounds, and different experiences.

So please, if you have never attended Convention, come join the wonderful Ladies who will be there, and leave enriched!

Please mark your calendars and send in your registration. The hotel is gorgeous, the food delicious, and the attendees will be the BEST!

See you at the Cranberry Marriott North, Cranberry Township, on May 4-7, 2023.

In Federated Service and Friendship,

*Heide Marie*

Heide Marie Cebrick, President  
GFWC Pennsylvania





# General Federation of Women's Clubs Pennsylvania

## Heide Cebrick, President

### Call to the 126th Annual Business Meeting/Convention

May 5-7, 2023

Pittsburgh Marriott North, 100 Cranberry Woods Drive  
Cranberry Township, PA 16006

## “LIGHT THE WAY”



### Hotel Reservations:

Hotel double bedded room rates are \$139.00 and are subject to applicable state and local taxes (currently 11%) in effect at the time of check-out. Reservations may be made by calling (800) 853-5574 or (724) 772-3700.

When making reservations, do not use the acronym (GFWC) for General Federation of Women's Clubs.

**Room reservation deadline: Thursday, April 13, 2023**

### Convention Registration Information:

The registration POSTMARKED deadline is **Thursday, April 13, 2023**

Registration for the entire Convention is \$50.00. One day registration is \$30.00.

Your club number appears in the State Directory sent to each Club President.

Complete the registration form and mail it with your check payable to “**2023 GFWC PA Convention.**” Mail to:

**Denise Tovlin, Convention Registration Chairman**  
204 Williamsburg Drive  
Elizabeth, PA 15037

### Registration Desk Schedule:

Thursday, May 4:	4:00-6:00 p.m.
Friday, May 5:	8:00 a.m.- 9:45 a.m. and 4:30 p.m.-5:00 p.m.
Saturday, May 6	8:30 a.m.- 9:30 a.m.

### What Should I Wear? (Please, no shorts or denim)

<b>Business Meetings/Lunches:</b>	Business Casual
<b>Friday Banquet:</b>	Business/Dressy
<b>Saturday Banquet:</b>	Dressy/Formal

### What Should I Bring?

NEW twin size blankets, comforters, and/or standard pillows to be donated to *Sleep in Heavenly Peace*, a nonprofit whose mission states that *a bed is a basic need for the proper physical, emotional, and mental support of a child.*



# General Federation of Women's Clubs Pennsylvania

## Heide Cebrick, President

**126th Annual Business Meeting/Convention**  
**May 4-7, 2023**

## **“LIGHT THE WAY”**



### **Meal Information**

#### **Thursday, May 4, 2023**

Dinner “on your own” at hotel restaurant or various local establishments

#### **Friday, May 5, 2023**

Breakfast “on your own” at the hotel restaurant or various local establishments

**12:30 p.m. “SWEET DREAMS” Luncheon \$40**

All American deli includes coleslaw, broccoli & cheddar salad, albacore tuna salad, Italian seasoned beef, turkey, maple glazed honey ham, assorted cheeses, assorted vegetables, condiments, breads, and Chef’s choice pastries

**6:30 p.m. “FINDING HOPE” State President’s Project Banquet \$48**

Roasted lemon garlic chicken, market salad, wild rice, asparagus, assorted breads, and high apple pie with caramel sauce

#### **Saturday, May 5, 2023**

Breakfast “on your own” at the hotel restaurant or various local establishments

**12:30 p.m. “SPLASH OF COLOR” Luncheon \$38**

Asian breast of chicken, julienne red and green peppers, snow peas, carrots, Napa cabbage, water chestnuts, Asian soba noodles, ginger vinaigrette, and key lime pie.

**6:30 p.m. “CELEBRATING GFWC” Banquet \$67**

Filet of beef with demi glaze & bleu cheese topping, fruit martini, roasted redskin potatoes, broccolini, and roasted red peppers, assorted breads, chocolate cake with raspberry coulis and chocolate sauce.

*Coffee, tea, iced tea, and water served with all meals*



# General Federation of Women's Clubs Pennsylvania

## Heide Cebrick, President

### 126th Annual Business Meeting/Convention May 4 - 7, 2023



#### Tentative Agenda (subject to change)

##### Thursday May 4, 2023

4:00 p.m.-6:00 p.m.  
5:30 p.m.-6:00 p.m.

Registration Open  
Executive Committee Meeting  
Dinner on your own

##### Friday, May 5, 2023

8:00 a.m.-9:45a.m.  
9:00 a.m.-9:30 a.m.  
10:00 a.m.-12:15 p.m.

Registration Open  
2022-2024 Board of Directors Meeting  
Opening of 126<sup>th</sup> Annual Business Meeting/Convention, Opening Ceremonies  
Recognition of First Time Attendees  
Presentation of Standing Rules  
Presentation of Convention Program  
**Keynote Speaker:** Karen Dunn, Program Manager, Abie Abraham VA Health Care Clinic

12:30 p.m.-2:30 p.m.

Presentation of Awards  
"SWEET DREAMS" Luncheon  
**Speaker:** Elaine Snyder, Sleep in Heavenly Peace

2:45 p.m.-4:15 p.m.

Presentation of Awards  
Business meeting  
Bylaw Committee Report  
Presentation of Awards

4:30 p.m.-5:00 p.m.  
4:30 p.m.-5:00 p.m.  
4:30 p.m.-5:00 p.m.

Service Project  
Registration Open  
Meeting of GFWC PA Past Presidents & Past Directors of Junior Clubs  
Meeting of GFWC PA Past District Directors Club

5:30 p.m.-6:30 p.m.  
6:30 p.m.-10:00 p.m.

Social Time (cash bar)  
"FINDING HOPE" State President's Project Banquet- Operation "We've Got Their Six"  
**Speaker:** Courtney Gramlich, Director Storm Harbor Equestrian Center  
Presentation of Awards  
Fundraising Surprise Event

##### Saturday, May 6, 2023

7:00 a.m.-8:00 a.m.  
8:00 a.m.-9:00 a.m.  
8:30 a.m.-4:00 p.m.  
9:30 a.m. -11:30 p.m.

Arts Set-up  
Registration Open  
State Festival of Arts  
Business Meeting  
Reports of GFWC Pennsylvania Officers  
Reports of District Directors  
Presentation of Awards

12:30 p.m.- 2:00 p.m.

"SPLASH OF COLOR" Luncheon  
**Speaker:** Steve Cicero, The History Hobo  
Presentation of Awards

2:15 p.m.-3:30 p.m.

Business Meeting  
Memorial for Clubwomen  
Presentation of Awards  
Invitations

3:30 p.m.-4:15 p.m.  
4:15 p.m.-5:00 p.m.  
5:30 p.m.-6:30 p.m.  
6:30 p.m.-10:00 p.m.

**Workshops:** SET Point, Personal Safety OR Chair Yoga  
**Workshops:** SET Point, Personal Safety OR Chair Yoga  
Social Time (cash bar)  
"CELEBRATING GFWC" Banquet  
**Speaker:** Mary Pat Marcello, GFWC MAR President  
Recognition of Leads Candidate  
**Entertainment:** Greater Cranberry Men's Chorus



# General Federation of Women's Clubs Pennsylvania

## Heide Cebrick, President

Pittsburgh Marriott North, 100 Cranberry Woods Drive  
Cranberry Township, PA 16006

May 5 - 7, 2023



### REGISTRATION FORM

***Registration must be postmarked by April 13, 2023***

Return this form with your check payable to: "2023 GFWC PA Convention"

**Mail to:**

**Denise Tovlin, Convention Registration Chairman**

204 Williamsburg Drive

Elizabeth, PA 15037

Pre-Registration is **required** for all Convention attendees. You may duplicate this form as needed.

### PLEASE PRINT NEATLY

**Name:** \_\_\_\_\_ **Position:** \_\_\_\_\_  
(Name as you wish it to appear on your name badge) (Club, County, District, State)

**Address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_ **Cell Phone Number:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Club:** \_\_\_\_\_ **Club Number:** \_\_\_\_\_  
(As it appears in the Directory) (As it appears in the directory)

**District:** \_\_\_\_\_ **County:** \_\_\_\_\_

*Check if you are a First Time Convention Attendee* \_\_\_\_\_

<b>Registration:</b>	\$50.00 _____	Full-GFWC PA Clubwoman (Voting privileges)
	\$50.00 _____	Full-Guest (not a GFWC PA Clubwoman)
	\$30.00 _____	Single Day-GFWC PA Clubwoman (No Voting Privileges)

**Food:**

Friday Luncheon:	\$40.00 _____	Vegetarian _____	(All vegetarian meals are mushroom free.)
Friday Banquet:	\$45.00 _____	Vegetarian _____	
Saturday Luncheon:	\$38.00 _____	Vegetarian _____	
Saturday Banquet:	\$67.00 _____	Vegetarian _____	

**Total Food & Registration: \$** \_\_\_\_\_ **CHECK NUMBER:** \_\_\_\_\_

Please explain if you have any special dietary : \_\_\_\_\_

Communications and Publications Policy: Photographs: By registering for and attending the 2023 GFWC PA Annual Business Meeting/Convention, you consent to having your photograph taken and used by GFWC Pennsylvania and/or its agents for any commercial and noncommercial purpose, and expressly waive any right to compensation for such use.

\_\_\_\_\_  
**DATE**

\_\_\_\_\_  
**SIGNATURE**



# General Federation of Women's Clubs Pennsylvania

Heide Cebrick, President

## BYLAWS and RESOLUTIONS



### Bylaws/Resolutions Committee:

Chairman Dotti Zimmerman, Committee Members: Bernardine Borinski, Joyce Jones, Donna Napoleon

### Bylaws:

The Bylaws were all reviewed during the last administration.

The committee has reviewed and approved a bylaw amendment proposal that was submitted.

The following amendment is recommended by the committee for approval at the Convention/Business Meeting May 2023.

### Article X Board of Directors

Section 1. COMPOSITION. The members of the GFWC Pennsylvania Board of Directors shall be:

- a. The Officers of GFWC Pennsylvania

The six District Directors

Chairman of Community Service Programs

Chairmen of the following committees: Leadership, Membership, Fundraising, GFWC Signature Program: Domestic Violence Awareness and Prevention, GFWC Junior Program: Child Advocacy, and the GFWC Pennsylvania State President's Project

**Proposed to add to "d.":** Communications/Public Relations/Social Media, Legislation/Public Policy and Women's History and Resource Center (WHRC)/Pennsylvania Historian Chairman.

### Article X, Section 1. d. would then read as follows:

Chairmen of the following committees: Leadership, Membership, Fundraising, GFWC Signature Program: Domestic Violence Awareness and Prevention, GFWC Junior Program: Child Advocacy, and the GFWC Pennsylvania State President's Project, Communications/Public Relations/Social Media, Legislation/Public Policy and Women's History and Resource Center (WHRC)/Pennsylvania Historian Chairman.

**Rational:** These three chairmen serve in the same capacity as the other chairmen in section d and the chairman of the Community Service Programs and should be entitled to a vote at the board meetings.

Proposed Bylaw Change Submitted by GFWC Woman's Club of Baden, Donna Napoleon, President



### Resolutions:

All current GFWC Pennsylvania Resolutions were reviewed 2021 and are in good standing as they were either amended or reaffirmed in 2021 at the Annual Convention/Business Meeting, and are in effect for four (4) years from that date unless rescinded or amended before that time.

This committee has not received any proposals for action on GFWC Pennsylvania Resolutions.

## GFWC JUNIORS' SPECIAL PROGRAM: ADVOCATES FOR CHILDREN



**Cathleen Wink, Chairman**  
[catwink2@yahoo.com](mailto:catwink2@yahoo.com)

### **OUR FOCUS for 2022 – 2023 will be “Sleep in Heavenly Peace.”**

The General Federation of Women’s Clubs Pennsylvania will be collecting NEW standard size pillows and twin size blankets and comforters for those beds. Only new, packaged goods will be accepted.

Please bring your donations to convention in Cranberry Township, PA on May 5, 2023. The Advocates for Children program will be featured at lunch on that Friday. The organization’s Mars branch will be our program speaker for the luncheon. Please remember to bring your items in their original packaging. We will have an area somewhere in the room where I will accept your donations.

It is important that we have an estimate of your donations so we have enough room to display them and so Elaine can bring enough help and vehicles to transport them to Mars, PA. **Please email me your total pillow, total blanket, and total comforter numbers at [catwink2@yahoo.com](mailto:catwink2@yahoo.com). In the subject line please put “Advocates for Children”.**

This chairman appreciates your support of this project and looks forward to handing out awards for your reports at convention.

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## **GFWC SIGNATURE PROGRAM: DOMESTIC AND SEXUAL VIOLENCE AWARENESS AND PREVENTION**

**Jean Pieczynski, Chairman**  
[jpie5@verizon.net](mailto:jpie5@verizon.net)

Prevent Child Abuse America is the nation’s oldest and largest organization committed to preventing child abuse and neglect before it happens. This organization promotes programs and resources that enable kids, families, and entire communities to thrive. They raise public awareness and engagement, and advocate for family friendly policies, at national, state, and local levels, to support programs that ensure children and families get what they need to succeed.

Child abuse includes all types of abuse and neglect of a child under the age of 18 by a parent, caregiver, or another person in a custodial role that results in harm, potential for harm, or threat of harm to a child. Children, and even infants, witnessing or experiencing abuse can exhibit negative behavior years later.

Child abuse and neglect are serious problems that can have lasting harmful effects on survivors. The goal in preventing child abuse and neglect is to stop this violence from happening in the first place.

**April is Child Abuse Prevention Month.** How can we observe this month and participate in child abuse prevention?

### ***WE CAN:***

- Provide support and supplies to families in need at emergency shelters.
  - Advocate for changes in culture and communities to reduce the likelihood of child abuse.
  - Collect teddy bears to give them to children at a child advocacy center, where children are interviewed after an incident of abuse.
- 

## **JENNIE AWARD**



**Lois A. Richards, Chairman**  
[lrichards208@outlook.com](mailto:lrichards208@outlook.com)

**REMINDER:** GFWC JENNIE AWARD nominees must be postmarked and sent to Chairman Lois Richards by June 1, 2023. The GFWC Jennie Award is the only national honor bestowed by GFWC that recognizes individual members for personal lifetime excellence. We have many wonderful women in Pennsylvania that are deserving of this honor.

**NOTE:** The form is slightly different from past versions, so be sure to use the current version, which can be found for member convenience on the GFWC Pennsylvania website ([gfwcpennsylvania.org](http://gfwcpennsylvania.org)). **But** be sure to visit the [gfwc.org](http://gfwc.org) Member Portal for all the rules and criteria.

## HEALTH and WELLNESS

Mary Fenstermacher, Chairman  
[80fenstermacher@gmail.com](mailto:80fenstermacher@gmail.com)

I hope you are happy and healthy as we start the New Year! Just a few questions...

Have you called a member to invite her to walk and exercise with you? Invited a member to lunch or dinner? Coffee or tea? A glass of wine? Just to sit and chat? Maybe to say you how much you care or that you miss her?

Remember Joe South's song called "Walk A Mile in My Shoes?" Elvis sang it too! This is about the "shoes" our members are walking in! If necessary, BE THE CHANGE IN YOUR club.

And don't forget to pay it forward...

This chairwoman has asked each club to make donations to provide a Canine Companion Service Dog to a member of the military here in Pennsylvania. These dogs are trained to perform multiple tasks. For example, turning on lights; providing a buffer in crowds; and interrupting anxiety and nightmares. These dogs also provide veterans with the motivation to get up each day. This is a two year project. Donations should be sent to GFWC-PA Headquarters and earmarked "Canine Companion Service Dog Project".

I leave you with.. "Use kind words, giggle and laugh, and always be grateful."

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## CIVIC ENGAGEMENT AND OUTREACH

Judy Schwambach, Chairman  
[schwambacj@comcast.net](mailto:schwambacj@comcast.net)

### Canine Companions - May I Pet Your Dog?

There is a huge difference between a Therapy Dog and a Service Dog. A Service Dog is paired with its partner to improve their quality of life. The time need to select and train a Service Dog is lengthy, starting with puppy placement for a fostering education, which provides the basis of human interactions and basic obedience training. The selective training occurs for the particular role that the canine will be providing to their handler. The cost of training a Service Dog varies from \$17,000- \$40,000.

You can recognize a service dog by their special lead, tags and/or jacket. Never approach a Service Dog for petting. This dog is on the job 24/7 with their handler. Be it for Vision Support, Seizure recognition, Blood Sugar recognition, PTSD recognition ... **this dog is working!**

Therapy Dogs are trained and selected for their even temperament. They are handled by a trained volunteer handler and provide therapeutic intervention in a variety of settings. You may find them in hospitals, schools, reading programs, senior centers, airports, disaster relief centers, and wherever people are stressed or in need of emotional support. To be certified, they must be vet checked, insured and current in their training. The team will be identified by name tag, vest and ID tag. Always ask to pet the dog and approach slowly. Therapy Dogs love to go to work. I often tell people that Therapy Dogs are like politicians. They can work a room without instructions. I have seen my dog enter a room and immediately go to an individual who is stressed.

The current concern of certified dog handlers is the Emotional Support Dogs. There are Service Dogs especially trained to work with PTSD and children with needs for emotional support. But unfortunately, anyone can go online and have their pet "certified" as an "Emotional Support Dog." This has caused numerous problems for the airlines and food service providers when an untrained dog causes havoc in their surroundings. Service Dogs and Therapy Dogs must be able to promptly follow a command when given. They are comfortable around other trained dogs and there are rules that keep them safe. An excellent program for your club would be to invite a Therapy Dog and Service Dog team to discuss their different roles.

### 1895 Society Contributors

**Jeanne C. Dowdle**

**Karen French**

**Barbara Longstreth**

**Anne Miller**

**Melissa Somerville**

**Cyndy Sweeney**

**GFWC Pocono Mountain Women's Club**

**GFWC West Side Woman's Club**



## COMMUNICATIONS, PUBLIC RELATIONS, & SOCIAL MEDIA



**Dena Hughes, Co-Chairman**  
[denagfwcpa@outlook.com](mailto:denagfwcpa@outlook.com)

**Heidi Priest, Co-Chairman**  
[mzpriest@gmail.com](mailto:mzpriest@gmail.com)

The use of our GFWC emblem across social media is an important way to stand out and easily identify our organization. Consistent use, especially across social media platforms, creates a recognizable visual identity. The more others see it, the more others are aware of who we are.

Each club should have a Facebook Public Page set up to represent their individual club. A Twitter or Instagram account is a bonus! It's a free way to network with GFWC clubs across our districts, but also our state, country, and even world. Following each other and sharing each other's updates is a great way to show your community what your club does, keeping what we do in our community's minds.

Wearing matching shirts with our GFWC emblem at volunteer events, fundraisers, announcements, or anything else for club is also a great idea. Always take photos at any type of meeting or event. It is a great way to create content for social media, and another chance for our emblem to be seen!

Your vibe attracts your tribe, so taking photos while volunteering or attending social events, or meetings, will bring in other women in the community who are looking for friendship and fulfilling volunteer opportunities.

The more we grow the more we can do! For more helpful information on growing your club's social media presence visit [GFWC \(membersuite.com\)](https://membersuite.com); My digital Library Resources; Communications & PR Toolkit; and Social Media Presence by Becky Bolden 2022-2024 CPR Committee Member

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## ENVIRONMENT

**Sue Morrow, Chairman**  
[sjmorrow7@gmail.com](mailto:sjmorrow7@gmail.com)

Spring is just around the corner and it means a time of renewal and rebirth. It's the perfect time to get ready for your summer garden. Start small with community garden projects for the elderly in your community and consider ways to incorporate gardens in their lives and homes.

Reach out to assisted living, nursing homes, memory care centers, veteran's homes, etc. These facilities have social directors that can assist you in your planning. Consider providing supplies for container gardening including window boxes, pots or baskets and don't forget that herbs make great indoor and outdoor plants.

There are also many ways to get ready to plant.

- Order your seeds, bulbs and plants. If you want a fundraiser, check out FLOWER POWER.
- Consider designing a new garden bed or path. Get your gardening tools clean and organized.
- Reach out to local schools or libraries with children's activities and plan an event to learn about gardens.
- Have your club host a SEED SWAP. Check out this website for suggestions: <https://www.southernexposure.com/how-to-host-a-seed-swap/>

Don't forget your feathered friends as winter draws to a close. Soon migrating birds will return and most species will be nesting and preparing for parenthood. If you have a desire to make your own bird food there are several websites with information. You can easily make homemade suet and bird seed balls. Provide bird houses or nest boxes near your garden. And always remember to have a source of fresh water for your backyard friends.

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## EDUCATION and LIBRARIES

**Sue Hardenbrook, Chairman**  
[vsranch1@comcast.net](mailto:vsranch1@comcast.net)

There are many special events in the month of April regarding the library. Here are a few to give you some ideas of things that your club can do:

Celebrate **National Library Week and National Library Workers Day** in April by saying #ThankYouLibraries on social media with photos and stories about the library, or organize a special event for library patrons and staff, such as a book reading by an author.

Promote **DEAR (Drop Everything and Read) Day** by posting photos on social media of community leaders, such as the mayor, police chief, and your club president with their nose in a book. DEAR Day, celebrated on April 12, reminds families to make reading a priority in their lives by setting aside at least 30 minutes that day to enjoy books together.

Celebrate **Children's Book Day/Día de los Niños** on April 30. Donate books in English and Spanish to local Head Start programs.



This article will explain the legislative advocacy process:

GFWC advocates for or against an issue only if a resolution on the issue has been adopted by its members. Resolutions can be found on the GFWC website via the Member Portal. Resolutions are tools members should use to advocate and educate about important issues at the local, state, and national levels. If members feel an issue needs to be addressed by GFWC, any local club can submit a resolution for consideration to the Resolutions Committee. Every resolution currently in effect started with a proposal to the Resolutions Committee.

### ADVOCACY DO'S AND DON'TS

Some members are under the impression that because GFWC (or their State Federation or local club) holds Internal Revenue Service (IRS) §501(c)(3) status, its members cannot lobby. IRS guidelines do not ban lobbying activities. Rather, the IRS rules limit the types and amount of lobbying that a 501(c)(3) organization may engage in. Lobbying may not be the primary purpose of the organization, nor may it constitute a substantial part of the organization's activities.

#### DO

- Advocate for action on a specific issue or for a specific piece of legislation.
- Contact your national, state, and local elected officials directly.
- Participate in voter registration drives.
- Hold nonpartisan forums to educate the public about one or more specific issues.
- Sponsor candidate forums, ensuring that all candidates receive a formal invitation to participate.

#### DON'T

- Endorse or oppose a specific candidate or political party.
- Use club funds, facilities, in-kind donations, publications, or events to promote a specific candidate or political party.
- Ask candidates to sign a pledge on any issue.
- Support legislation that conflicts with a GFWC Resolution.

## LEADERSHIP

Sue O'Day, Chairman  
[suegfwc@gmail.com](mailto:suegfwc@gmail.com)

In the last newsletter we learned some very important leadership tips from Santa Claus. We now will hear from a far distant relative of mine, St. Patrick of Ireland. He had the leadership style of a servant leader. Here are a few of the characteristic he had to fulfill his style:

<b>Listening</b>	Take time to listen, talk, and answer questions, so that members know you are there for them.
<b>Awareness</b>	Be aware of your strengths and weaknesses. Don't be afraid to show them.
<b>Empathy</b>	Make time to genuinely care to understand what matters to the other person and acknowledge it.
<b>Persuasion</b>	Your actions, attitude, and speech show that members are important and a valuable resource for your club. All opinions should be heard and decisions made to benefit the whole club.
<b>Foresight</b>	Know your mission/goal. Have it carefully thought out, and purposely choose each step.
<b>Commitment</b>	Be committed to help your members grow in their roles as leaders. This will help your club members grow in strength and in their commitment to each other.

These qualities will help you influence members in their club work and help all to better your community.

## MEMBERSHIP

Diane Lake, Chairman  
[dianemlake@live.com](mailto:dianemlake@live.com)

I hope you read the Membership article in the October 6, 2022, News & Notes written by chairman, Nancy Ames.

**YEAH MEMBERS!** I received the names of almost 200 new members that were added to Pennsylvania Clubs during 2022. I especially want to commend all the members who are *Shining the Light* and encouraging women to join this great organization. Take care of these new Puzzle Pieces and look for the right fit for each of them in your clubs. Remember when you push a piece too hard it bends or breaks, so take time to find the right fit for each of them.

**IMPORTANT!** Make sure you are only using the current membership registration form found on the website. It has recently been updated. All forms are to be completed and sent to Headquarters, 4076 Market Street, Suite 211, Camp Hill, Pennsylvania 17911-4200.

There are five things that represent a culture: customs, laws, dress, social standards, and traditions.

We all have a tradition or more that we can trace back to past generations. My German ancestry leads me to eat sauerkraut on January 1st (which I did this year) for good luck during the new year. I don't think about it as a cultural event, but it is.

Most of us are aware of our background to some extent. The question is what your members bring to your club from their background. The value that cultures provide is important. With improved learning, there are both social and economic rewards. Increased tolerance is a big one and creates opportunities to come together with renewed understanding.

**Try this:** 'Who am I?' Ask each member to research their background to share at a meeting. When presented, it can lead to an activity such as a diversity quilt. The members create a block for a quilt that reflects their background. The blocks are then put together in the form of a quilt. The quilt can be shared with the community. Display it at the local library. Share with a local school class. Display it at the Community Center. Ask members to take it to a meeting of another organization and explain how it came to be, based on the blocks and their meaning.

Extend your learning for the benefit of all, and especially your members.

Your Arts and Culture activities reports should be submitted. I am looking forward to reading all about your clubs' activities.

## *Calendar of Upcoming Events*

### IMPORTANT DATES

EVENT / DISTRICT	DATE	LOCATION	TIME
GFWC PA Southwestern Spring District Meeting and Arts Day	March 4, 2023	Audubon Society of Western Pennsylvania's Buffalo Creek Nature Park Sarver, PA	TBD
GFWC Women's History Celebration	March 8, 2023	General Federation of Women's Clubs 1734 N Street NW Washington, DC	2 - 4 pm EST
GFWC PA South Central Spring District Meeting and Arts Day	March 11, 2023	Upper Allen Township Building Mechanicsburg, PA	TBD
GFWC PA North Central Spring District Meeting and Arts Day	March 18, 2023	United Methodist Church Lemont, PA	TBD
GFWC PA Southeastern Spring District Meeting and Arts Day	March 18, 2023	The Copperfield Inn Limerick, PA	TBD
GFWC PA Northwestern Spring District Meeting and Arts Day	March 24, 2023	GFWC The Woman's Club of Erie Clubhouse Erie, PA	TBD
GFWC PA Northeastern Spring District Meeting and Arts Day	March 25, 2023	Sand Spring Country Club Drums, PA	TBD
Deadline to Submit for the June Clubwoman Newsletter	April 15, 2023	District news to Donna Malone Department articles to Sara Ruppel Club news to Tina Warholic	
GFWC Federation Day	April 25, 2023		
125th GFWC Pennsylvania State Convention	May 4 - 7, 2023	Pittsburgh Marriott North 100 Cranberry Woods Drive Cranberry Township, PA 16006	See Schedule
GFWC Annual Convention	June 10-12, 2023	Louisville Marriott Downtown Louisville, Kentucky,	

## Pearls of Wisdom from GFWC PA Past Presidents...

Going up the line to the presidency seems to take forever, but in a blink of an eye your administration is over. But the memories last a lifetime.

Being District Director was the best job in federation next to being the President of this wonderful state. I loved being President and traveling across Pennsylvania visiting clubs and counties, for an approximate total of 23,000 miles during my administration. The best part of this was visiting the clubs and getting to know the membership and learning about all their programs and projects to help their communities. These one-to-one gatherings set aside all the pomp and circumstance found at the Convention or Summer Leadership Conference, so the members could see that the President was a clubwomen just like them.

My project was well accepted by all the membership and from their reports they had fun helping Habitat for Humanity.

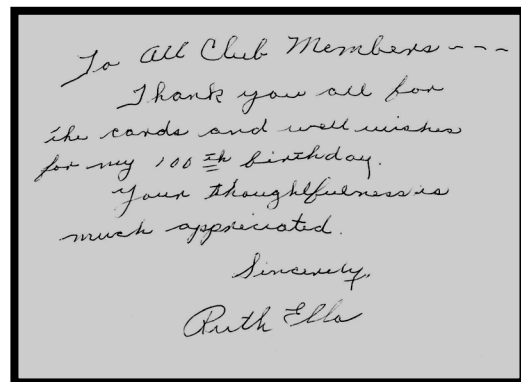
Dawn L. Himler  
GFWC Pennsylvania President 2004-2006

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## CLUB NEWS

**Congratulations** to the Members of the **GFWC Women's Civic Club of Carmichaels Area** on your 85<sup>th</sup> Federated Anniversary, Feb. 3, 2023.

And best wishes to **100 year old** club member Ruth Enci. To the right, Ruth thanks all of the club women from across the state for the well wishes she received from them for her birthday.



Bonnie Due, who is a member of both our **GFWC PA - Bangor Club** and the Friends of the Bangor Library, presented a \$500 check to Kathleen Lynch the Director of the library.

The check represented the proceeds from the sale of wreaths and luminarias on the two (2) days following Thanksgiving. Thank you to Lynn Beck, who is on the Library's Board, and to the library's board members who joined Heidi Bates in the selling project.

Pictured to the left, left to right Bonnie Due, Lynn Beck, and Kathleen Lynch.

# CLUB NEWS

**GFWC The Woman's Club of Erie, Inc.** and the Presque Isle Daughters of the American Revolution not only share their founding year (1897), but also several founding members. With a shared history, it was natural for the two organizations to collaborate in honor of Erie's Veterans.

The Second Annual Appreciation Dinner hosted by both organizations was held on December 13, 2022 at The Woman's Club of Erie's historic Club House. The event coincided with The Club's *Christmas in the Mansion*, allowing the guests to enjoy the evening among garland-draped fireplace mantels, lighted Christmas trees, and decorated wreaths. Special guests included: Petty Officer Joan Galbraith, U.S. Navy; Colonel Carol Gilmore, R.N., U.S. Army Nurse Corps; and Major Jessica Jackson, U.S. Army. As an offshoot of this collaboration, our club members have joined DAR members in sponsoring wreaths for Wreaths Across America, and in volunteering in the laying of wreaths on December 17 on over 1300 veterans' graves at the Pennsylvania Soldiers and Sailors Military Cemetery in Erie.

In addition, Mary Jane Koenig, Honorary Regent and Woman's Club member, provided instruction on the proper technique for cleaning gravestones to other members.

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In celebration of their 71st Anniversary as Federated club, the **Intermediate League of Butler** will be holding an **ANTIQUES SHOW & SALE** at Tanglewood, Lyndora on: March 17th through the 19th.

For more information call 724-287-7959.

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The **GFWC Woman's Club of Indian Valley** celebrated their 64<sup>th</sup> annual Holiday Fair held in November, 2022, with great success!

There were over 60 vendors present. In addition to the crafters, the club sold 50 gift baskets, had four tables of Attic Treasures, a baked goods table, a raffle, and a silent auction. Proceeds from this event fund scholarships, local foundations, charities, and sending a gal from a local high school to HOBY.

Many club members made it all possible, along with the high school's "Interact Club," who helped the club set up the vendors on Friday evening. Also, the local brownie troop took orders and delivered food and snacks to the vendors from the kitchen on the day of the fair.

"Putting on the Fair is a great way for our club to bond with the community and with each other."

Pictured in the collage of photos in the right are: Nancy Parke, Flo Kalin, Pat Koos-Campo, Wanda Mills, Sandy and Rick Stober, Peggy Phillips, Louise Vitiello, Janice Beer, Cindy Crouthamel, and Ruth Ann Garner, as they prepare for the Fair.



# CLUB NEWS



The Upper Allen Woman's Club recently hosted 85 children and 89 parents and grandparents at Cookies with Mrs. Claus. Saturday morning activities included crafts, games, face painting, free books, and singing Christmas songs. Children wrote their letters to Santa and "mailed" them. Mrs. Claus met with the children and heard their Christmas wishes and gave them cookies. Lots of donut holes and milk were also consumed. The morning was exciting for everyone as it had been two years since the event was held.



Club members and several high school girls helped the children with crafts, painted faces, and led a sing-along.

Club member Christine Pompeii makes a great Mrs. Claus. Parents and grandparents take lots of pictures.



The Upper Allen Women and high school girls celebrate a successful Cookies with Mrs. Claus event.

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Dresses are a huge part of going to prom and, unfortunately for some, an enormous financial burden.

**GFWC The Junior Woman's Club of Boyertown** is hosting their 8th annual *Once Upon a Prom* event. The idea behind this event is that after you've had your "once upon a time" moment, you can give another hers! The event will be held on March 4<sup>th</sup> and 5<sup>th</sup> and the 11<sup>th</sup> and 12<sup>th</sup> from 12 to 4 p.m. , Boyertown YMCA.

The ongoing success of this event is dependent on those willing to donate their gently used prom or special occasion dresses. The club is collecting donations of clean, non-torn dresses of all sizes and lengths, as well as purses, clutches, dress shoes, jewelry, and wraps through March 3rd. Monetary donations will also be accepted for donation to Boyertown Post Prom.

**Donations can be dropped off at Zuber Realty, 201 East Philadelphia Ave, Boyertown (Hours: Monday- Friday, 9 am – 5 pm).**



For more information, please contact Anita Zuber at 610.858.1351 OR at [amzuber@comcast.net](mailto:amzuber@comcast.net).

The event flyer is available to view on Facebook - GFWC Junior Woman's Club of Boyertown.

# CLUB NEWS

The **GFWC West Side Woman's Club** participated in the 27<sup>th</sup> Annual Parade of Trees at Grotto Pizza, Harvey's Lake, Pennsylvania. Since its inception, the Parade of Trees has raised more than \$425,000 for local charities. The public had the chance to view all the trees and place \$1 votes from November 27<sup>th</sup> through December 31<sup>st</sup>. The 2022 Parade of Trees raised \$60,394 in donations for local and regional organizations, which is the most money every raised by the event. All proceeds from our tree went to the Victim's Resource Center, the major charity our club supports.

In conjunction we also had Tammi Burke, Manager of Prevention and Community Services at Victim Resource Center, attend our November meeting. Tammi focused her discussion with us on sharing facts of how close to home the issues are associated with Human Trafficking in our local area. She shared some examples of actual cases she has worked and positive outcomes of the cases.

Victims Resource Center provides a comprehensive range of services to meet the special needs of crime victims, to address issues of violence on an individual and community level and to increase the understanding of the impact of crime on victims to improve their quality of care. The organization began in 1974 as a grassroots organization called Luzerne County Women Organized Against Rape. It was formed as a response to the nationwide rape crisis movement to serve as a support and resource center for women who were victims of crime. In 1982, the name was changed to Victims Resource Center.



Pictured are several members of the tree decorating committee. Front row, left to right: Gina Rushkowski, Mary Latish, Irene Markiewicz; Christina Kinsman and Bonnie MacDonald. 2nd row, left to right: Barbara Roche, Mary Pat Connell, Deidre Kaminski and Catherine Laskaris. 3rd row, left to right: Patty Kopec, Becky McCone, Rosemary Lusah and Eileen Gallagher, club president.

The **GFWC PA Women's Civic Club of Schwenksville** decorated holiday ornaments and other gifts for the residents of a local retirement facility. Several members also made blankets and lap robes for veterans at a county rehabilitation and retirement home.

Club members donated and filled 11 Christmas stockings for soldiers in conjunction with Soldiers Angels.





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## PRESIDENT'S PROJECT OPERATION "WE'VE GOT THEIR SIX"



**Mary Seyfert, Chairman**  
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### Stand Down for Homeless Veterans

Stand downs were started in 1988 by two Vietnam veterans, and named after the military term for a combat unit's time to rest and recover while at war. Today, it is a grassroots effort to offer the same services to homeless veterans.

The philosophy of a stand down is to give homeless veterans a hand up, not a hand out. Stand downs are typically one to three-day events during which homeless and at-risk veterans are provided access to the community resources needed to begin addressing their individual problems and rebuilding their lives.

Resources at an event provide a broad range of necessities including food, clothing, medical screenings, job counseling and referrals, and companionship and camaraderie. Consider volunteering at one of the annual or monthly events sponsored by a local group in your area. Many groups have specific needs and may accept items in addition to, or in place of cash donations.

### Memorial Day is Monday, May 29

Do not ignore the "Memorial" in **Memorial Day**. We are all beneficiaries of those who have sacrificed their lives for our freedom. We can use this day to actively remember those Americans, including our ancestors, family members, neighbors, friends, and loved ones, who have paid the price for the blessings of liberty. Fly the U.S. flag at half-staff until noon.

Participate in the "**National Moment of Remembrance**" at 3:00 P.M. local time to pause and think upon the meaning of the day. Pledge to aid widows and orphans of our fallen dead.

Visit a cemetery and place a flag or flower on the graves of fallen heroes.

### IMPORTANT HOBY Update:

*Effective July 1, 2023*, all donations for HOBY must be sent directly to HOBY at the following addresses:

WESTERN HOBY, P. O. Box 834, Mount Pleasant, PA 15666.

CENTRAL HOBY, P.O. Box 8743, Lancaster, PA 17604.

EASTERN HOBY, 12811 McCarthy Circle, Philadelphia, PA 19154.

