

# PENNSYLVANIA CLUBWOMAN

Official Publication of the  
General Federation of Women's Clubs Pennsylvania  
Member GFWC



Volume 103    Issue 2    December 2022



## PRESIDENT'S MESSAGE



Dear Friends,

The Fall District tour was a truly AMAZING experience for me, all 1,476 miles! THANK YOU to all the District Directors and the clubwomen who attended their respective District meetings. It was wonderful to meet many members and be able to connect a face with the name, and to see familiar faces. My traveling companions who joined me on this adventure, Donna Malone, Mary Seyfert, and Susan Kling, really made the trips special. Karen French and Cindy Myers also had appearances during this tour. Everyone's help was greatly appreciated.

The plans for the **Annual Convention** are progressing nicely and we have some great speakers lined up.

**Friday Lunch:** We are collecting standard size pillows and twin-size comforters and blankets for "**Sleep in Heavenly Peace**". This non-profit organization provides twin size beds for children who have been sleeping on the floor with no other means to get a bed. We will be presenting the donations to the representative from that organization at our Friday Lunch, who will speak about their mission.

**Friday Dinner:** Will feature a guest speaker from "**Storm Harbor Equestrian Center**" at Slippery Rock University. They use working with horses to help heal Veterans with PTSD and other challenges. Please come hear about their mission. Many riding stables may be willing to start something similar in your area. Join us to find out how.

**Saturday Lunch:** is the *Festival of the Arts*. Get inspired by all the creativity that will be on display. Planned workshops include CHAIR YOGA and SELF DEFENSE. Try chair yoga to improve your flexibility and de-stress. Learn some basic self-defense techniques so you won't stress because you know how to handle a potentially dangerous situation. We are looking out for you!

**Saturday Evening:** The GFWC Middle Atlantic Region (MAR) President, Mary Pat Marcello, will speak. We will also honor our Past State Presidents. The entertainment will not disappoint!

Our 'FUN-RAISING' Chairmen are busy developing some interesting and FUN activities. I asked them to put FUN in Fundraising, and they are doing just that.

Please mark your calendars now and plan to attend. The hotel has been completely remodeled and is gorgeous. See you at the Cranberry Marriott North, Cranberry Twp., on May 4-7, 2023.

Please make sure you report all your marvelous projects. There are two Zoom Workshops, Thursday January 5 and Sunday January 8, 2023 at 7pm. Links will be emailed closer to the dates.

Reports must be postmarked by Feb. 1, 2023 to meet the deadline.

Best Wishes for a Safe, Healthy, and Happy Holiday Season ,and All the Best in the New Year!

In Federated Service and Friendship,

*Heide Marie*

Heide Marie Cebrick, President  
GFWC Pennsylvania



# GFWC JUNIORS' SPECIAL PROGRAM: ADVOCATES FOR CHILDREN



NO KID SLEEPS  
ON THE FLOOR  
IN OUR TOWN!

Cathleen Wink, Chairman  
[catwink2@yahoo.com](mailto:catwink2@yahoo.com)

## **OUR FOCUS for 2022 – 2023 will be “Sleep in Heavenly Peace.”**

The General Federation of Women’s Clubs Pennsylvania will be collecting NEW standard size pillows and twin size blankets and comforters for those beds. Only new, packaged goods will be accepted.

## **This article is about our Partners:**

### **St. Jude Children’s Research Hospital**

Leading the way the world understands, treats, and defeats childhood cancer and other deadly diseases. Everything the organization does is centered on finding cures and saving children. The St. Jude Trike-A-Thon is a fun, service-learning program for daycares and preschools that teaches trike and riding toy safety while helping the children of St. Jude. If you sign up to become a coordinator, St. Jude will provide everything you need to have a great event at a preschool or daycare.

### **Prevent Child Abuse America**

A leading national, not-for-profit organization whose mission is to prevent the abuse and neglect of our nation’s children. Founded in 1972 in Chicago, Prevent Child Abuse America works with its nationwide network chapters and nearly 600 Healthy Families America direct service sites to develop programs and provide resources that help prevent child abuse before it can occur in the first place.

### **The March of Dimes**

Promotes “prematurity awareness” month during November. A March of Dimes tool kit for baby hats and blankets can be found under the GFWC website resources. [www.marchofdimes.org](http://www.marchofdimes.org)

### **Shot@Life**

Focuses on providing as many vaccines and immunization services as possible to children in developing countries. Advocacy is the most important thing we can do to unlock millions of dollars for child immunization programs. Shot@Life recognizes advocacy actions done by individuals or clubs within the Shot@Life Champion Program, which anyone is welcome to join by attending one of the monthly Champion training webinars. They will provide you all the tools’ PINWHEELS FOR PREVENTION®

### **Canine Companions**

The oldest and largest assistance dog program providing trained dogs for children, adults, and veterans with physical disabilities. Founded in 1975, Canine for Companions has placed more than 6,300 assistance dogs.

### **Heifer International**

The General Federation of Women’s Clubs (GFWC) and Heifer International share a common desire to make life better for our neighbors worldwide. At Heifer, they believe that women-led, small-holder farming is key to ending hunger and poverty through the gifts of livestock and training. When women have control over their assets and incomes, they reinvest in their families: Everyone eats more nutritious food. Kids go to school.

### **HOBY**

Helps create a social network of youth volunteers and leaders. Through being a volunteer for HOBY, young leaders become more confident in my skills as a leader, so I know I can take on bigger issues facing the world today.”

### **Operation Smile**

Each year, provides safe, effective, and well-timed surgery to more than 20,000 patients in 30+ countries. Visit their website or [www.GFWC.org](http://www.GFWC.org) to find out more information.

### **The United Nations Children’s Fund (UNICEF)**

Works in more than 190 countries and territories to put children first. UNICEF has helped save more children’s lives than any other humanitarian organization by providing health care and immunizations, safe water and sanitation, nutrition, education, emergency relief, and more. Together, we are working toward the day when no children die from preventable causes, and every child has a safe and healthy childhood.

*Please support these amazing GFWC Partners.*



## **GFWC SIGNATURE PROGRAM: DOMESTIC AND SEXUAL VIOLENCE AWARENESS AND PREVENTION**

**Jean Pieczynski, Chairman**  
[jpie5@verizon.net](mailto:jpie5@verizon.net)

The Trafficking Victims Protection Act (TVPA) is the first comprehensive federal law to address trafficking in persons. The law provides a three-pronged approach that includes prevention, protection, and prosecution. The Trafficking Victims Protection Act of 2000 (TVPA) recognizes that traffickers use psychological and physical coercion as well as bondage. Coercion includes threats of serious harm to a person and any scheme, plan, or pattern intended to cause a person to believe that failure to perform an act would result in serious harm to any person. Many victims of sex trafficking benefit from mental health services. Providers can help victims in dealing with their trauma while helping them become survivors through mental health support, job training, affordable care, and access to services.

JANUARY IS HUMAN TRAFFICKING AWARENESS MONTH. WHAT CAN GFWC DO?

- Learn the indicators of human trafficking and report suspicions to the National Human Trafficking Hotline (1-888-373-7888). Several indicators are: submissive or fearful; inability to speak to a person alone; answers appear to be rehearsed; living with employer.
- Participate in awareness campaigns in your community.
- Educate yourself about human trafficking.
- Take this quiz to learn how social media is used by traffickers: [www.polarisproject.org/human\\_trafficking\\_recruitment\\_quiz](http://www.polarisproject.org/human_trafficking_recruitment_quiz).
- Advocate to stop legislation that decriminalizes pimping, brothel-keeping, and sex buying.
- Collaborate with an organization advocating against sex trafficking.
- Study the culture and reasons for this activity.
- Read articles and books on the subject and invite guest speakers.



### **JENNIE AWARD**

**Lois A. Richards, Chairman**  
[lrichards208@outlook.com](mailto:lrichards208@outlook.com)

Just a reminder that Pennsylvania's next Jennie Award nominations are due to this chairman postmarked by June 1, 2023. Look for that person in your club who goes above and beyond for Federation's highest honor. Club members should be nominated by their clubs to compete at state, regional, and national levels.

The Jennie Award criteria, rules, and a fillable form can be found in the Membership Portal of the [gfwc.org](http://gfwc.org) website. Information is also on the GFWC Pennsylvania website ([gfwcpennsylvania.org](http://gfwcpennsylvania.org)) under Advancement Areas/Forms and Downloads.

Please nominate someone who has been with GFWC for a minimum of five (5) years and has a strong commitment to family, GFWC, and Community. Submit the completed application with a title page and letter of introduction, plus a digital color photograph and any supporting documents (up to 25 pages), letters of endorsement from the club president and from a representative from another organization, by the deadline.

# *NEWS from our DISTRICT DIRECTORS*

## **NORTHWESTERN DISTRICT**

**Ann Harned, District Director**

[1947aharned@gmail.com](mailto:1947aharned@gmail.com)

During our Fall District Meeting, Donna Malone, GFWC Pennsylvania First Vice President, gave a presentation about membership recruitment. She cited many ways clubs can show what a great organization to which we belong to attract new members. In the Northwestern District, clubs have developed projects this fall which have enabled them to gain new members.

The **GFWC Erie Woman's Club** held a special event at their mansion/clubhouse simply for the purpose of attracting new members called "Meet and Mingle." Everyone was encouraged to bring a friend(s). A bingo board was developed and distributed to all with statements in each square relating to those in the room. Statements included: member more than 10 years; likes dogs; has a cat; travelled outside the country; etc. Everyone was encouraged to "mingle" and find people described in the statements. Food and wine were served. Two new members were recruited, and the newest members became more comfortable with the club.

The **GFWC Meadville Woman's Club** launched a new fundraiser called, "Afternoon Tea." The event was held on a Sunday afternoon at a local country club and featured items from local businesses for a Chinese auction and basket raffles. Raffle tickets were sold. Each person present was eligible for a prize of lottery tickets. Food and beverages were served. The program featured their club president who gave an overview of their GFWC club and a local boutique presented a fashion show. Over \$1,600 was raised for LPN Student Scholarships and other charities. One new member was recruited.

Whether an event is purposefully held to attract new members or for another purpose, such as fundraising, there is always a great opportunity to work on increasing the club's membership.



## **NORTH CENTRAL DISTRICT**

**Geny Barthelmes, District Director**

[cmbgeny@gmail.com](mailto:cmbgeny@gmail.com)

The North Central District enjoyed meeting on a beautiful fall day in October with 17 NC District members and two guests in attendance. Heidi Marie Cebrick, President, gave an inspirational story of being GFWC Pennsylvania president and her Light the Way theme. State committee chairmen presented their reports and club presidents updated us on their outreach and fundraising projects.

**GFWC Woman's Club of Milton** donated to Fisher House Foundation, Inc., an organization that builds comfort homes for military and veteran families to stay in free while a loved one is in the hospital. This holiday they will be donating Thanksgiving Baskets to families in need. The **GFWC Warrior Run Woman's Club** is working on a Lottery Calendar fundraiser for November 2022 hoping to raise money for their community. This club also donated more than \$2,700 to area organizations. The **GFWC Hollidaysburg Area Women's Club** began their club year with an international themed potluck dinner with decorations, food, and artifacts to reflect the heritage of their members. Membership was top priority and they welcomed a total of 18 new members. The **GFWC Curwensville Woman's Club** held a Reality Fair to teach over 500 students about real life, careers, and finances taught by local organizations and woman's club members. They are busy planning their annual craft show being held on November 5<sup>th</sup>. The **State College Woman's Club** continues to successfully run their thrift shop and supply the Park Forest Pre-School with much needed underwear and books.

This district director was impressed with the clubs of North Central and enjoyed the fellowship with all the members and guests from GFWC Pennsylvania.

# *NEWS from our DISTRICT DIRECTORS*

## **NORTHEASTERN DISTRICT**

**Judy Grace, District Director**

[jagrace@ptd.net](mailto:jagrace@ptd.net)

The Northeastern District has hit the ground running this year. It was this director's honor to be invited to attend the **Luzerne County Fall Meeting**. President Jeanne Pieczynski had attendees collect nonperishable food for veterans. They also collected plastic bags for making plarn. This is used for crocheting plastic sleep mats for the homeless.

This director heard from three other clubs in the district that are doing great things. **GFWC Plymouth's** presidents, Joyce Jones and Judy Rittenhouse, reported that a generous monetary donation enabled club members to assist the Plymouth Public Library's Children's Reading Program.

The **GFWC Woman's Club of Mountaintop's** presidents, Gaylene Hunter and Angie Burke report that the club has many activities going on, including a POW flag ceremony at the Wilkes Barre Arena, to replace a tattered flag. This club is also collecting baby items to be given to military families.

**GFWC Nazareth Woman's Club** is busy working on lap blankets for the President's Project, "We've Got Their Six." Their president, Nancy Napolitano, reports that the club is also working on getting the word out about their club to recruit new members.

Tracy Mueller, president of **GFWC Pocono Mountain Women's Club**, reported that at their September meeting there were eight guests, four of whom became new members. This director urges all clubs in the district to follow the example of these two clubs. New members, with new and fresh ideas will help our wonderful organization grow.



## **SOUTH CENTRAL DISTRICT**

**Karen Stauffer, District Director**

[karendee44@hotmail.com](mailto:karendee44@hotmail.com)

The Clubs are busily starting a new year of activities and meetings. For most clubs, applying new methods of attracting members is at the forefront.

Congratulations to **GFWC Mechanicsburg** for celebrating their 50<sup>th</sup> Anniversary in October and honoring two 50-year members. The club was recognized for helping to establish the Mechanicsburg Museum Association. They participated in "Streets for Treats", a Mechanicsburg Chamber activity.

The women of **Federated Women's Club of Hershey** work with Cocoa Packs. The club's Clothing Closet provides clothing for 155 children monthly. Items for Shalom House and the YMCA's Rape Crisis Center were collected. They honor a student of the month along with their county Vo-tech.

**GFWC PA Women's Club of Spring Grove** volunteer at a local food bank, Harvest of Hope, and the local library. The club partnered with Spring Grove Park and Recreations Halloween Event, Little Creek Park Pumpkin Trail.

The women of **GFWC Dillsburg Woman's Club** used their Quay Park for fundraising and distributing membership information during the Farmer's Fair, and enjoyed a trip to a Sunflower Festival.

**Upper Allen Woman's Club GFWC** visited a local lavender farm, held a craft show, sold daffodils for Pink Hands of Hope, and knitted or crocheted items for Warm Hearts.

**GFWC Littlestown** closed their thrift store. Funds are raised by selling sandwiches and having a bake sale. The district director suggested each club should establish a way to honor outstanding women in their community. Club and non-club members should be considered. Local libraries are recipients of many club members' efforts and contributions.

# *NEWS from our DISTRICT DIRECTORS*

## **SOUTHEASTERN DISTRICT**

**Kathy Cassel, District Director**  
[kathymcassel@gmail.com](mailto:kathymcassel@gmail.com)

Our first District Meeting was held October 21, 2022, at the Indian Valley Country Club in Telford. We had representation from 11 of our 22 clubs. Our speakers, GFWC Pennsylvania President Heide Marie Cebrick, GFWC Pennsylvania Treasurer Karen French, and GFWC PA President's Project Mary Seyfert were all very informative and well received.

Boy are the Southeastern District clubs busy! They have been holding meetings with great speakers; planning fundraisers – everything from fashion shows; holiday craft shows; and online basket raffles; to helping local food banks; supporting local libraries and schools; honoring local first responders; collecting for the Children of Ukraine; making centerpieces for St Joseph's Villa; and of course, supporting the President's Project.

The reports and updates from the SED Chairman were detailed and extremely helpful as well. Everything from ARTS AND CULTURE to LEGISLATION, thank you all for doing an excellent job!

This director delivered 80 centerpieces, created by our SED clubwomen, to St Joseph's Villa, a local retirement and assisted living facility, with at least another dozen to come. The Villa was so appreciative of this district-wide project and the 10 activities baskets have now become the next 10 welcome baskets for new resident's moving in!

Thank you to our GFWC Pennsylvania Southeastern clubwomen for your support in making our District UNBELIEVEABLE.



GFWC Pennsylvania Convention/Business Meeting  
Thursday, May 4—Sunday, May 7, 2023  
Pittsburgh Marriott North  
100 Cranberry Woods Drive  
Cranberry Township, PA 16006

Be part of the LIMELIGHT as we share the successes of our federated clubs in...

*Lighting the Way!*



# General Federation of Women's Clubs Pennsylvania

Heide Marie Cebrick, President

Susan Kling, Co-Chairman  
[susangfwcwrwc@yahoo.com](mailto:susangfwcwrwc@yahoo.com)

Cindy Troutman-Myers, Co-Chairman  
[ctmyers@ptd.net](mailto:ctmyers@ptd.net)

## 20222024 FUNDRAISING ITEMS

### Travel Tumbler for Hot or Cold Drinks with Straw

Blue with "Light the Way" Logo in White

\$11.32 + 0.68 tax = \$12.00



### Toscano 6 Bottle Wine Tote

Burgundy with Pennsylvania Logo in White

\$9.44 + 0.56 tax = \$10.00

### Pocket LED Flashlight

Blue with "Light the Way" in White

\$7.55 + 0.45 tax = \$8.00



### State President's Pin

\$4.72 + 0.28 tax = \$5.00

# General Federation of Women's Clubs Pennsylvania

Heide Marie Cebrick, President

Susan Kling, Co-Chairman  
[susangfwcwrwc@yahoo.com](mailto:susangfwcwrwc@yahoo.com)

Cindy Troutman-Myers, Co-Chairman  
[ctmyers@ptd.net](mailto:ctmyers@ptd.net)

## ORDER FORM

Name \_\_\_\_\_

Club \_\_\_\_\_

District \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

ITEM	QUANTITY	TOTAL
Travel Tumbler with Straw \$12 Each		_____ X \$12 = _____
6 Bottle Wine Tote \$10 Each		_____ X \$10 = _____
<del>Rocket LED Flashlight</del> \$8 Each		_____ X \$8 = _____
State President's Pin \$5 Each		_____ X \$5 = _____
	TOTAL AMOUNT DUE	_____

Make Checks Payable to ***GFWC PA Fundraiser***



## HEALTH and WELLNESS

Mary Fenstermacher, Chairman  
[80fenstermacher@gmail.com](mailto:80fenstermacher@gmail.com)

Exercise is important to all of us, so please continue to walk and to exercise.

This chairman is now suggesting that GFWC PA clubs donate funds to provide a Canine Companion Service Dog to a member of the military. These dogs are trained to perform many tasks and have a life-changing impact on their partners. Members suffering from PTSD find these dogs make their lives more manageable.

The funds donated (supplement the fee) will provide a Canine Companion Service Dog to a member of the military here in Pennsylvania. Funds should be sent to GFWC-PA Headquarters – earmarked Canine Companion Service Dogs. This will be a 2-year project.

**“We make a living by what we get, but we make a life by what we give.” Winston Churchill**

---

## CIVIC ENGAGEMENT AND OUTREACH



Judy Schwambach, Chairman  
[schwambacj@comcast.net](mailto:schwambacj@comcast.net)

One of the most important areas of emphasis in Civic Engagement is home safety. It is important to view this focus as both a personal and community issue.

Everyone should look closely at their home to be sure safety is being observed. Do you have a working smoke detector, carbon monoxide, and radon detector? Are members of your family aware of a plan to exit your home in case of emergency? Are family members aware of the hazard of furniture and how it can endanger the lives of children, disabled and the elderly?

Prevent crime and make homes safe by providing crime prevention strategies to members and your neighborhoods.

Can you sponsor CPR or First Aid classes? (if so, be sure to include childcare providers and teens in this training.)

Finally, has your club given its support to the local fire company, EMS association and other organizations that come to the aid of local citizens?

There are many organizations that you can help. Survey your neighborhoods to see who the needy are.

Host a “critical needs drive” based on what you find out. Collect food, clothing, and water, and distribute information.

This year at the holidays do something special for people who need your help!



---

## LEADERSHIP

Sue O’Day, Chairman  
[suegfwc@gmail.com](mailto:suegfwc@gmail.com)

Leadership tips from Santa Claus! Santa doesn’t do it alone, he has Mrs. Claus by his side, the industrious elves who are focused and determined to meet a deadline, and the reindeer who are part of his delivery team. Christmas Eve is “show time” and Santa’s leadership is fully on display.

**Have a clear vision** – Your vision will guide your followers, shape their behavior, and establish the type of culture you want to create in your organization. As a leader you must have a clear vision of what you want to accomplish. Santa exemplifies sharing joy and hope, which he inspires in others to do the same. ☺ Your clear vision will not mean anything if you do not communicate and inspire those around you. ☺

**Remember the good and forget the bad** – We all know Santa keeps a list of who is naughty or nice, but did you ever hear of child receiving a bag of coal for Christmas? Old Saint Nick has an excellent memory of good things. Through his kindness, he sees and forgets a lot of bad stuff. He focuses on the positive and uplifting. ☺ Are you willing to overlook faults, forgive wrongs, and remember the best in people? ☺

**Set clear boundaries and expectations** – Santa is very clear about his expectations of his team. It is important for great leaders to establish clear boundaries and expectations with their committees. These should be based on mutual agreement between everyone involved. ☺ Involving the team in the process will make them feel valued and more likely to meet your expectations. ☺

## **COMMUNICATIONS, PUBLIC RELATIONS, & SOCIAL MEDIA**

**Dena Hughes, Co-Chairman**  
[denagfwcpa@outlook.com](mailto:denagfwcpa@outlook.com)

Holiday wishes to you and yours!

Does your club have a website or publish a newsletter? Be sure to enter the website/newsletter contests. Entries must be submitted to me by January 15<sup>th</sup>, 2023. Please refer to the GFWC Pennsylvania website for full details and requirements or reach out to me directly and I can send you the information. Also make sure that your website, Facebook, or Twitter pages are listed in the directory on [www.gfwcpennsylvania.org](http://www.gfwcpennsylvania.org) under "Clubs & Districts". If the information needs to be updated, please email GFWC Pennsylvania Second Vice-President and Dean of Chairman Sara Ruppel.

### **SHOUT IT OUT!**

Are you sending me your pictures and/or articles highlighting a community service project, a fundraiser, an accomplishment of your club or club member, an award presented to a student or an upcoming club event?

Well, why not? Women's Club is the best kept secret of your community.

We need to change that and get the word out about who we are and what we do. Please send your submissions by email to Dena Hughes at [denagfwcpa@outlook.com](mailto:denagfwcpa@outlook.com). Please remember to note who is in the picture, what the occasion is, and when it happened or will take place.

Are you following our Facebook and Twitter pages?

<https://www.facebook.com/GFWCPennsylvania>

<https://twitter.com/gfwcpennsylvania>



---

## **EDUCATION and LIBRARIES**

**Sue Hardenbrook, Chairman**  
[vsranch1@comcast.net](mailto:vsranch1@comcast.net)

Have you visited your local library since September? Do you know that libraries have audio books and movies available for your use? You can also sign on to your County Library System on the computer and find out what is going on at all the libraries in your area. This way you can notify members (especially those with no computer access) about interesting events happening at the library.

Do you know if your library has an existing service to deliver books to homebound patrons? If they do have a service, consider helping to deliver books. If they do not have this service, talk to your librarian about starting one as a club project. Members can rotate delivering books within the community.

There are many project ideas and websites to refer to listed in the GFWC Club Manual. Sign on to GFWC.org and the member portal to access the manual.

---

## **MEMBERSHIP**

**Diane Lake, Chairman**  
[dianemlake@live.com](mailto:dianemlake@live.com)

I hope you read the Membership article in the October 6, 2022, News & Notes written by chairman, Nancy Ames.

We all need to distribute our club information to a potential new member and having a prepared folder – New Member Orientation Packet - ready makes reaching out so simple. It's your "Elevator Talk" and they can take it with them. I would love to hear from you and how you are reaching out to new members. I will include some ideas in future articles.

One of the things I do as Membership Chairman is send birthday cards to our members who have achieved the age of 90 years or more. Please send me the names of your special members and their information so I can update my records.

## LEGISLATION / PUBLIC POLICY



**Shelly Smolnery, Chairman**  
[msmolnery@yahoo.com](mailto:msmolnery@yahoo.com)

### BUILDING GFWC AND GFWC PENNSYLVANIA RECOGNITION:

GFWC's advocacy efforts also help to raise awareness of GFWC and GFWC Pennsylvania as an organization. To maximize this awareness, GFWC encourages members to use the GFWC and GFWC Pennsylvania emblems on all communications, promotional materials, and advocacy efforts.

GFWC members impact our nation and communities through the power of one. One member telling another who tells another is like compound interest – GFWC legislative and public policy initiatives will grow into waves that cannot be ignored! When a GFWC member engages in written correspondence (a traditional letter or an email) with her legislator regarding a GFWC legislative priority or a bill supported or opposed by GFWC, she should use the GFWC and GFWC Pennsylvania emblem; include her home address; sign her name with GFWC Pennsylvania, and list the name of her club below her signature. The GFWC emblem can be downloaded from the GFWC website via the Member Portal. The GFWC Pennsylvania emblem can be found at [www.gfwcpennsylvania.org](http://www.gfwcpennsylvania.org).

---

## ENVIRONMENT

**Sue Morrow, Chairman**  
[sjmorrow7@gmail.com](mailto:sjmorrow7@gmail.com)

The winter holidays are fast approaching! Celebrations embrace our different religious faiths and cultural identities. Who doesn't enjoy music and songs, storytelling, religious rituals, feasts, and gift giving? Do you know of some ways that you can conserve and preserve our world and have a green holiday season?

Well.....let's share some ideas!

- Shop and support local businesses and cottage industries
- Learn a new craft and make some homemade gifts
- Give perishables for gifts and reduce waste – cookies, soap, candles, etc.
- Use gift bags instead of wrapping paper; they can be recycled year after year
- Decorate your holiday tree with LED lights and use a timer
- Choose holiday cards made from recycled content, make your own or send an E-card
- Skip the disposable party ware and use your own plates



World Wildlife Conservation Day is December 4<sup>th</sup>. It's all about preserving the wildlife and their habitats. Consider adopting an animal through the World Wildlife Fund. <https://www.worldwildlife.org/>

Winter is also a great time to begin planning a spring project for your club. Consider a community garden, providing environmental and / or health benefits. A food garden can help with the cost of buying prepared foods and improve dietary nutrition. It brings people together for a worthy cause. You can get started by educating club members about community gardens. Talk about ways you can start or build a garden; investigate partnerships and research grants, locally; talk to local government officials; and consider hosting a planting day to involve your whole community. Be creative!

The following books may help:

*Start a Community Food Garden* by Lamanda Joy and *The Community Gardening Handbook* by Hobby Farms.





# Calendar of Upcoming Events

## IMPORTANT DATES



EVENT / DISTRICT	DATE	LOCATION	TIME
Club Dues Payable to GFWC PA	December 1, 2022	GFWC PA Headquarters	
GFWC Holiday Reception	December 7, 2022	GFWC Headquarters Washington, DC	
Deadline to Submit for the March Clubwoman Newsletter	January 15, 2023	District news to Donna Malone Department articles to Sara Ruppel Club news to Tina Warholic	
Postmarked Reporting Deadline	February, 1, 2023	Reports to Sara Ruppel	
LEADS Application Deadline	February, 1, 2023	Application form and photo to GFWC PA Leads Chairman, Sue O'Day (ahclub@gmail.com)	
GFWC PA Southwestern Spring District Meeting and Arts Day	March 4, 2023	Audubon Society of Western Pennsylvania's Buffalo Creek Nature Park, Sarver, PA	TBD
GFWC Women's History Celebration	March 8, 2023	TBD	TBD
GFWC PA South Central Spring District Meeting and Arts Day	March 11, 2023	Upper Allen Township Building, Mechanicsburg, PA	TBD
Deadline to Submit for the June Clubwoman Newsletter	March 15, 2023	District news to Donna Malone Department articles to Sara Ruppel Club news to Tina Warholic	
GFWC PA North Central Spring District Meeting and Arts Day	March 18, 2023	United Methodist Church Lemont, PA	TBD
GFWC PA Southeastern Spring District Meeting and Arts Day	March 18, 2023	The Copperfield Inn Limerick, PA	TBD
GFWC PA Northwestern Spring District Meeting and Arts Day	March 24, 2023	GFWC The Woman's Club of Erie Clubhouse Erie, PA	TBD
GFWC PA Northeastern Spring District Meeting and Arts Day	March 25, 2023	TBD	TBD

## REPORTING CHECKLIST

Sara Ruppel, 2nd Vice President  
[winnie442@gmail.com](mailto:winnie442@gmail.com)

- ◇ Download Report forms from [www.gfwcpennsylvania.org](http://www.gfwcpennsylvania.org)
- ◇ Decide if the project is a Community Service Program, Partnership or Advancement Area
- ◇ Decide where to report your project
- ◇ Tally the number of projects for that Community Service Program
- ◇ Record the number of members participating-- the number of members participating should not exceed the number of dues paying members
- ◇ Calculate the number of volunteer hours for each project
- ◇ Calculate the number of dollars donated
- ◇ Determine the In-Kind Donations- Refer to the In-Kind Donation Guide provided by GFWC
- ◇ Write a narrative- tell the story of what you accomplished. Remember the who, what, when, where, how and why of the project
- ◇ Make copies for your club
- ◇ Address your reports to:  
The GFWC Pennsylvania Reports Chairman-  
Sara Ruppel, 41 Rosewood Lane, Marietta, PA 17547  
Post mark your reports no later than February 1, 2022

## CONGRATULATIONS ON COMPLETING YOUR REPORTS!



Striving for success without hard work is like trying to harvest  
where you haven't planted...

Anonymous

## CLUB NEWS



The **Community Club of Collegeville** made over 350 hospital gowns for OPERATION SMILE to help thousands of children living with cleft lip and cleft palate to better breathe, eat, speak and live lives of greater quality and confidence.

Pictured left to right are: Karen Roundy, Nancy Sillitti, Debbie McCabe, JoAnne O'Donnell, Maureen Ruggiero, Kathy Rogalski, Mary Hundertmark, and Terry Jones. Karen McCaslin is pictured in front.

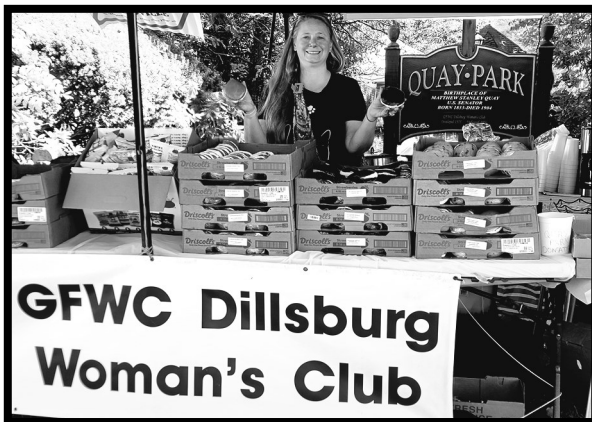
# CLUB NEWS

The members of the **GFWC Dillsburg Woman's Club** recently took a different approach to welcoming potential new members by "advertising" the events planned for meetings and field trips, and inviting potential new members to attend and see what the club is all about, with no pressure to join.



Their 2022 programs feature New Chairman/Members orientations; and a fun trip to a local Sunflower Festival.

Pictured to the left, left to right are: Tina Warholic, Melinda McDonald, guest Coleen Isherwood, and LuAnn McAteer.



The club serves as the proprietor of Dillsburg's Quay Park.

Pictured to the left at the club's Farmers Fair Food Stand is Melinda McDonald, 1st Vice President and Membership Chairman.



At their Farmer's Fair fund raiser in the park, they offered tent spaces and the gazebo for "Friends of Quay Park." In addition to the club's food stand, featured booths included: handmade wreaths for all occasions, macramé, crafts, and jams & jellies.

Each "friend" booth made a donation to the park.

The club also featured a "Member" booth at which they gave out and discussed information about GFWC, GFWC PA, and their local club – complete with treats. Everyone who visited "Friends of Quay Park" had to pass the Member booth, which resulted in the recruitment of four (4) new members.



# Postal Notice

**UNITED STATES POSTAL SERVICE® (All Periodicals Publications Except Requester Publications)**

**Statement of Ownership, Management, and Circulation**

1. Publication Title: General Federation of Women's Clubs PA/ Pennsylvania Clubwoman  
 2. Publication Number: 422960  
 3. Filing Date: 10/07/2022

4. Issue Frequency: 4 times a year (Sept, Dec, Mar, June)  
 5. Number of Issues Published Annually: 4  
 6. Annual Subscription Price: 3.40

7. Complete Mailing Address of Known Office of Publication (Not printer) (Street, city, county, state, and ZIP+4®):  
 General Federation of Women's Clubs Pennsylvania  
 4076 Market Street, Suite 211 Camp Hill, PA 17011-4200  
 Contact Person: Vicky Ann Trimmer  
 Telephone (include area code): (717) 901-5095

8. Complete Mailing Address of Headquarters or General Business Office of Publisher (Not printer):  
 General Federation of Women's Clubs Pennsylvania  
 4076 Market Street, Suite 211 Camp Hill, PA 17011-4200

9. Full Names and Complete Mailing Addresses of Publisher, Editor, and Managing Editor (Do not leave blank):  
 Publisher (Name and complete mailing address):  
 General Federation of Women's Clubs Pennsylvania  
 4076 Market Street, Suite 211 Camp Hill, PA 17011-4200  
 Editor (Name and complete mailing address):  
 Tina Warholc  
 531 Mountain Road Dillsburg, PA 17019-4200  
 Managing Editor (Name and complete mailing address):  
 None

10. Owner (Do not leave blank. If the publication is owned by a corporation, give the name and address of the corporation immediately followed by the names and addresses of all stockholders owning or holding 1 percent or more of the total amount of stock. If not owned by a corporation, give the names and addresses of the individual owners. If owned by a partnership or other unincorporated firm, give its name and address as well as those of each individual owner. If the publication is published by a nonprofit organization, give its name and address.)  
 Full Name: General Federation of Women's Clubs Pennsylvania  
 Complete Mailing Address: 4076 Market Street, Suite 211 Camp Hill, PA 17011-4200

11. Known Bondholders, Mortgagees, and Other Security Holders Owning or Holding 1 Percent or More of Total Amount of Bonds, Mortgages, or Other Securities. If none, check box  None

12. Tax Status (For completion by nonprofit organizations authorized to mail at nonprofit rates) (Check one):  
 Has Not Changed During Preceding 12 Months  
 Has Changed During Preceding 12 Months (Publisher must submit explanation of change with this statement)

PS Form 3526, July 2014 (Page 1 of 4 (see instructions page 4)) PSN: 7530-01-000-9031 PRIVACY NOTICE: See our privacy policy on www.usps.com

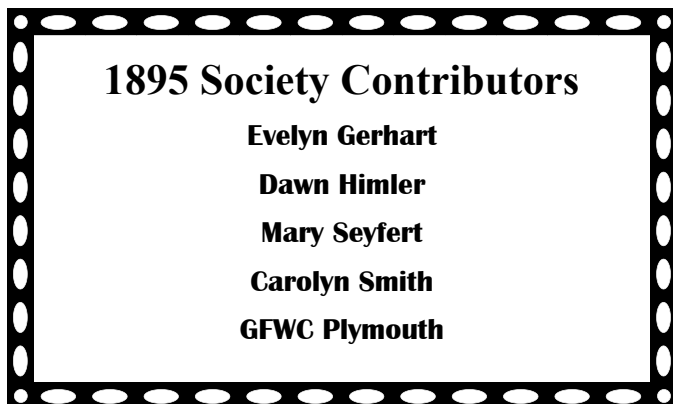
13. Publication Title: Pennsylvania Clubwoman  
 14. Issue Date for Circulation Data Below: 09/20/2022

15. Extent and Nature of Circulation

		Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
a. Total Number of Copies (Net press run)			
(1)	Mailed Outside-County Paid Subscriptions Stated on PS Form 3541 (include paid distribution above nominal rate, advertiser's proof copies, and exchange copies)	1760	1760
(2)	Mailed In-County Paid Subscriptions Stated on PS Form 3541 (include paid distribution above nominal rate, advertiser's proof copies, and exchange copies)	15	15
(3)	Paid Distribution Outside the Mails Including Sales Through Dealers and Carriers, Street Vendors, Counter Sales, and Other Paid Distribution Outside USPS®	0	0
(4)	Paid Distribution by Other Classes of Mail Through the USPS (e.g., First-Class Mail®)	0	0
c. Total Paid Distribution (Sum of 15b (1), (2), (3), and (4))		1775	1775
d. Free or Nominal Rate Distribution (By Mail and Outside the Mail)			
(1)	Free or Nominal Rate Outside-County Copies included on PS Form 3541	0	0
(2)	Free or Nominal Rate In-County Copies included on PS Form 3541	0	0
(3)	Free or Nominal Rate Copies Mailed at Other Classes Through the USPS (e.g., First-Class Mail)	0	0
(4)	Free or Nominal Rate Distribution Outside the Mail (Carriers or other means)	0	0
e. Total Free or Nominal Rate Distribution (Sum of 15d (1), (2), (3) and (4))		0	0
f. Total Distribution (Sum of 15c and 15e)		1775	1775
g. Copies not Distributed (See Instructions to Publishers #4 (page #3))		0	0
h. Total (Sum of 15f and g)		1775	1775
i. Percent Paid (15c divided by 15f times 100)		100%	100%

\* If you are claiming electronic copies, go to line 16 on page 3. If you are not claiming electronic copies, skip to line 17 on page 3.

PS Form 3526, July 2014 (Page 2 of 4)



## The Password Has Changed....

Website: [www.gfwcpennsylvania.org](http://www.gfwcpennsylvania.org)

Sign in for: Members Only Section

Username: GFWC-PA

Password: LightTheWay2022

**UNITED STATES POSTAL SERVICE® (All Periodicals Publications Except Requester Publications)**

**Statement of Ownership, Management, and Circulation**

16. Electronic Copy Circulation

		Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
a.	Paid Electronic Copies	0	0
b.	Total Paid Print Copies (Line 15c) + Paid Electronic Copies (Line 16a)	1775	0
c.	Total Print Distribution (Line 15f) + Paid Electronic Copies (Line 16a)	1775	1775
d.	Percent Paid (Both Print & Electronic Copies) (16b divided by 16c x 100)	100%	100%

I certify that 50% of all my distributed copies (electronic and print) are paid above a nominal price.

17. Publication of Statement of Ownership:  
 If the publication is a general publication, publication of this statement is required. Will be printed in the 12/20/02 issue of this publication.  
 Publication not required.

18. Signature and Title of Editor, Publisher, Business Manager, or Owner: Vicky Ann Trimmer, Assistant Treasurer  
 Date: 10/07/2022

I certify that all information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).

PS Form 3526, July 2014 (Page 3 of 4) PRIVACY NOTICE: See our privacy policy on www.usps.com

Non-Profit  
U.S. Postage Paid  
Harrisburg PA  
Permit No. 626



### 2022—2024 Clubwoman Staff

Tina Warholic, Editor  
531 Mountain Road  
Dillsburg, PA 17019  
717-432-7035 tmwccc@verizon.net

Circulation  
GFWC Pennsylvania Headquarters  
4076 Market Street, Suite 211,  
Camp Hill, PA 17011-4200  
717-901-5095; gfwcclubs@comcast.net

GFWC Pennsylvania Clubwoman (USPS #425-960) is published four times a year: March, June, September and December by the General Federation of Women's Clubs Pennsylvania. The subscription price of \$4.00 is included in the dues. Periodical postage is paid at Mechanicsburg, Pennsylvania.

Postmaster - send address changes to:

**GENERAL FEDERATION OF WOMEN'S CLUBS PENNSYLVANIA**  
4076 Market Street, Suite 211  
Camp Hill, PA 17011-4200

## PRESIDENT'S PROJECT OPERATION "WE'VE GOT THEIR SIX"



**Mary Seyfert, Chairman**  
[mseyfert199@gmail.com](mailto:mseyfert199@gmail.com)

The phrase "We've Got Their Six" originated with World War I fighter pilots. They used directions to correspond with hours on the clock.

### National Salute to Veterans Week is February 12 through February 18.

Each year in February, a week is set aside to say thank you to a special group of men and women who are cared for in Department of Veterans Affairs (VA) medical centers, outpatient clinics, domiciliary, and nursing homes. During the National Salute, VA invites individuals and community groups to participate in a variety of activities at the VA medical centers. The activities and events include special ward visits, valentine distributions, and other special recreation activities and Veteran recognition programs. The week also provides an opportunity for the community to become acquainted with the volunteer opportunities at the medical center. Contact your nearest VA Medical Center and ask for Voluntary Service to discover the wonderful things your club can do to salute America's Heroes.

Did you know?

The **Purple Hearth Foundation** accepts donations of clothing, shoes, household items, kitchenware, small appliances, and other items. There are nine drop-off locations in Pennsylvania. Cannot find a location near you? No problem! Go online to [www.PurpleHeartPickup.org](http://www.PurpleHeartPickup.org) to see the list of accepted items and arrange for a pick-up at your home. Clothing donations are tax-deductible, and a tax receipt can be downloaded after your donation has been received.

