# PENNSYLVANIA CLUBWOMAN



# Official Publication of the General Federation of Women's Clubs Pennsylvania

Volume 101 Issue 3 March 2019



# **FOOT NOTES**

It's the most wonderful time of the year!

No, it's not Christmas. It is Convention time! Kathy DeGrazia and Joan Lampart, along with the convention planning committee, have been hard at work planning the GFWC Pennsylvania Convention. Included in this issue is the official call to convention. Please look it over and make your plans to attend. It has been some time since we have visited the Philadelphia area, a city rich in history and attractions. The committee is planning several pre-convention activities for your enjoyment, should you choose to come before convention starts. The convention this year will feature a Patriotic Theme throughout, so bring your favorite Red, White, and Blue outfits for the festivities. There will be awards and celebrations throughout the convention as well as a few surprises. We do not have a GFWC guest speaker with us this year due to scheduling conflicts, but we will have speakers on Domestic Violence Abuse, the military and a Canine Companions guest to name a few. A preliminary report from President's Project Chairman Dawn Himler is that the Pennsylvania Clubwomen are "stepping up" throughout the state. She will let us know how many steps we have taken on our journey with the Disney characters. We are also allowing time for you to visit the casino before convention starts.

As you read this, your Community Service Program Chairmen are hard at work writing their reports for GFWC and selecting the state winners to be announced at convention. I can't wait to hear about the great accomplishments of the Pennsylvania Clubwomen. I hope that your accomplishments will also be recognized by GFWC with many awards at the GFWC Convention. The GFWC convention is open to all club members and will be held in Austin Texas the last week in June. I have already booked my flights and would love to have many representatives from Pennsylvania in attendance. It is a great chance to see a city that you might not otherwise visit. We stay at the best hotels for reasonable rates, and you get to hear of the accomplishments of clubs around the country. I hope to put in many steps accepting awards on your behalf.

Enjoy your District Meeting/Arts Day. As Mickey would say, "See you all real soon"!

Living the Volunteer Spirit,

Shelly

GFWC Pennsylvania President





## General Federation of Women's Clubs Pennsylvania Shelly Smolnery, President

## Call to the 122th Annual Business Meeting/Convention May 2 - 5th, 2019 Valley Forge Casino Resort 1160 First Avenue, King of Prussia, PA 19406

# "We Are... Proud to be American"

#### Hotel Reservations:

Standard rooms are \$130.00 per night plus 14.2% tax based on 2 persons per room.

Reservations made by calling (610)354-8118

Use Group ID Code GFWC-PA. Hotel Tower preference: Radisson

Check-In: 3:00 p.m., Checkout: 11:00 a.m. Early departure fee of \$75 once checked in. Guaranteed reservations must be cancelled 30 days prior to avoid 1<sup>st</sup> night's room and tax

Room reservation deadline: Tuesday, April 2, 2019.

#### Convention Registration Information:

- 1. Registration POSTMARKED deadline is **Tuesday**, **April 2**, **2019**.
- 2. Registration for the entire Convention is \$45.00. One day registration is \$35.
- 3. Your club number appears in the State Directory sent to each Club President annually.
- 4. Complete Registration Form (included in this newsletter) with check payable to: 2019 GFWC PA Convention
- 5. Mail to:

Edith Rathbun, Convention Registration Chairman GFWC Pennsylvania 4076 Market Street, Suite 211 Camp Hill, PA 17011

#### Registration Desk Schedule:

Thursday, May 2, 4:00 p.m. – 6:00 p.m. Friday, May 3, 8:00 a.m. – 10:45 a.m.; 4:30 p.m. – 5:00 p.m. Saturday, May 4, 8:00 a.m. – 9:00 a.m.

#### What Should I Wear?

Thursday Optional Walk/Tour: Comfortable Shoes/Sneakers

**Business Meetings:** Business casual; GFWC PA Shirt w/dark pants

Friday Luncheon:Red, White and BlueFriday Banquet:Business/DressySaturday Banquet:Dressy (not formal)

#### Thursday Events:

Tour Pennypacker Mills Historic Site AVA Valley Forge 5k Walk

#### Saturday Workshops:

Vicky Trimmer "We are... Women Watch Me Plan"

Myrtle Council "We are... Perfecting Parliamentary Procedures"

Donna Malone "We are... Social Media Savvy"

Joan Lampart "We are... Walking AVA.org Style"

#### General Federation of Women's Clubs Pennsylvania Shelly Smolnery, President

## 122th Annual Business Meeting/Convention May 2 – 5, 2019

# "We Are... Proud to be American"

#### Meal Information - Advanced Reservations Required!

Freshly Brewed Coffee, Decaffeinated Coffee, Assorted Teas

#### Thursday, May 2, 2019

12:30 p.m. Tour - Pennypacker Mills Historic Site (registration required, \$2 donation suggested)

1:00 p.m. Walk – AVA Valley Forge 5k (no fee, just fun)

**6:00 p.m.** Casino Time – Dinner on your own

**9:00 p.m. Presidents Open House** with light refreshments – President's Suite

#### Friday, May 3, 2019

**8:30 a.m. Breakfast** – on your own

12:30 p.m. "We Are... Honoring Our Veterans" Luncheon \$31

Corner Deli – Soup of the Day, Old Fashioned Coleslaw, Penne Pasta Salad with Tomatoes, Cucumbers and Olives with Herb Vinaigrette, Sliced Fresh Seasonal Fruit, Seasonal Garden Salad. Virginia Baked Ham, Roast Beef, Turkey Breast, and Tuna Salad; American Swiss and Provolone Cheese. Dessert - Assortment of Cookies and Brownies.

6:30 p.m. "We Are... Stepping It Up to Volunteering" State President's Project Banquet \$45

Caesar Salad, Choice of: Pan Roasted French Chicken Breast, Portobello Risotto, Sautéed Spinach and a Balsamic Pancetta Reduction or Pan Seared Filet of Branzino, Roast Peppers, Cured Olives, Heirloom Tomatoes, Capers and Lemon Olive Oil. Dessert - Chocolate Mousse.

#### Saturday, May 4, 2019

8:30 a.m. "We Are... Stars and Stripes" \$19

Scrambled Farm Fresh Eggs, Home Fried Potatoes, Crisp Bacon, Juice, and Basket of Breakfast Pastries served Family style.

12:30 p.m. "We Are... Humanitarian" \$30

Choice of Cobb Salad, Turkey & Provolone or Vegetarian Tortilla Wraps. Dessert -Cheesecake with Raspberry Sauce.

6:30 p.m. "We Are... Honoring our Heritage" Banquet \$45

Cream of Mushroom Soup. Choice of Pan Seared Pork Tournedos wrapped in Smoked Applewood Bacon, Braised Red Cabbage, Noilly Prat with a Mustard Reduction or Chicken Française. Dessert – Tiramisu.

#### **Sunday, May 5, 2019**

8:30 a.m. Breakfast Buffet \$23

Thursday, May 2, 2019	
12:30 p.m. – 4:00 p.m.	Pennypacker Mills Historic Site Tour
1:00 p.m. – 3:00 p.m.	Walk - Valley Forge AVA.org 5k
4:00 p.m. – 6:00 p.m.	Registration Open
4:30 p.m. – 6:00 p.m.	Finance Committee Meeting
6:00 p.m. – 9:00 p.m.	Casino Time – Dinner on your own
9:00 p.m. – 11:00 p.m.	Welcome Open House – President's Suite
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Friday, May 3, 2019	
8:00 a.m. – 10:45 a.m.	Registration Open
11:00 a.m. – 12:15 p.m.	Opening of 122 <sup>th</sup> Annual Business Meeting/Convention
	Opening Ceremonies
	Recognition of First Time Attendees
	Presentation of Standing Rules
	Presentation of Convention Program
	Keynote Speaker: Katayoun M. Copeland, Delaware County District Attorney
	Presentation of Bylaws
	Presentation of Resolutions
12:30 p.m. − 2:30 p.m.	Luncheon – "We are Honoring Our Veterans"
1	Speaker: Colonel Beverly Bowser
	Presentation of Awards
2:20n m 2:45 n m	Break
2:30p.m. – 2:45 p.m.	
2:45 p.m. – 4:00 p.m.	Business Meeting
	Presentation of Bylaws
	Presentation of Resolutions
	Presentation of Awards
4:00 p.m. – 5:00 p.m.	Special Service Project (on-site) – Prayer Square
4:30 p.m. – 5:00 p.m.	Registration Open
	Meeting of GFWC PA Past Presidents & Past Directors of Junior Clubs
4:30 p.m. – 5:00 p.m.	
	Meeting of GFWC PA Past District Directors Club
5:30 p.m. – 6:30 p.m.	Social Time (cash bar)
6:30 p.m. – 10:00 p.m.	Banquet – "We are Stepping it up to Volunteer"
	Presentation of Awards
	Entertainment: Neil Hartley as Franklin D. Roosevelt: A New Deal For America
10:00 p.m. – 11:00 p.m.	Special Fundraiser for Canine Companions
10.00 p.m. – 11.00 p.m.	Special I undialsel for Calline Companions
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<b>Saturday, May 4, 2019</b>	
7:30 a.m. – 8:30 a.m.	Arts Set-up
7:00  a.m. - 8:00  a.m.	Vendors Set-up
8:00 a.m – 9:00 a.m.	Registration Open
8:00 a.m. – 4:00 p.m.	Vendors Open for Business
8:30 a.m. – 9:30 a.m.	Breakfast "We areStars and Stripes"
9:30 a.m. – 11:00 a.m.	
9.30 a.m. – 11.00 a.m.	Business Meeting
	Presentation of Bylaws
	Presentation of Resolutions
	Reports of GFWC Pennsylvania Officers
	Reports of District Directors
11:00 - 12:00	Workshops
12:00 p.m. – 12:30 p.m.	Presentation of Awards
12:30 p.m. – 2:30 p.m.	Luncheon – "We are Humanitarian"
12.30 p.m. – 2.30 p.m.	
	Speaker: Canine Companion
	Presentation of Awards
2:30 p.m. – 2:45 p.m.	Break
2:45 p.m. – 5:00 p.m.	Business Meeting
	Memorial for Clubwomen
	Invitations
	Presentation of Awards
4:00-5:00	
	Workshops
5:30 p.m. – 6:30 p.m.	Social Time "We are Honoring Our GFWC Pennsylvania Past Presidents"
6:30 p.m. – 10:00 p.m.	Banquet – "We are Honoring Our Heritage"
	Entertainment: Claudia Pellegrini – Patriotic Music
	Presentation of Awards
	Recognition of GFWC PA Woman of The Year Award Recipient
10:00 p.m. – 11:00 p.m.	Informal District Gatherings
- 5.00 p.m. 11.00 p.m.	

#### **REGISTRATION FORM**

Registration must be postmarked by Tuesday, April 2, 2019

Return this form with your check payable to: 2019 GFWC PA Convention and mail to:

# Edith Rathbun, Convention Registration Chairman GFWC Pennsylvania 4076 Market Street, Suite 211 Camp Hill, PA 17011

Pre-Registration is required for all Convention Attendees. You may duplicate this form as needed.

NI		Cl 1/P ''		
Name(Name as you wish	it to appear on your nar	Club/Position me badge.)		
		Club number		
Phone number (in case of emergency)		District Cou	ınty	
E-mail		Check if a First Time Convention Atter	ndee	
Registration:	\$45.00	Full – GFWC PA Clubwoman - includes voting privileges		
\$45.00		Full – Guest (not a GFWC PA Clubwoman)		
	\$35.00	Single Day – No voting privileges		
Thursday Pennyp	acker Mills Historic Si	ite Tour: Please check if attending		
Food Functions:				
Friday Luncheon:	\$31.00	_		
Friday Banquet:	\$45.00	Chicken Breast Filet of Branzino	Vegetarian	
Saturday Breakfast		_		
Saturday Luncheon				
Saturday Banquet:	\$45.00	Pork Tournedos Chicken Française	Vegetarian	
Sunday Breakfast:	\$23.00	_		
Total Food:	\$193.00	_		
Total Registration	and Food: \$			
Please explain if yo	ou have any special dieta	ary needs (there is no MSG in any meals):		
Communications	and Publications Police	v		
Photographs: By re	and Publications Policy	ing the 2019 GFWC PA Business Meeting/Convention yo	ou consent to havi	
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# MEMBERSHIP "Be in the game"

Cathy M. Wink, Chairman

1733 First Street, New Brighton PA 15066 724-846-1391 catwink2@yahoo.com

#### The spring recruitment campaign is - Recognition.

Take the time to recognize the accomplishments of your members with their volunteer work in the club and outside of your organization. In my club's newsletter we have a member corner listing some of the members' activities outside of the club. As your club's membership chairman, you could recognize members for their commitment to your club's projects and goals with Federation Stars or Club Hearts. Show your appreciation, but also be flexible. One of the main reasons why a member leaves a club is lack of time. Respect your members' time and they are more likely to make your GFWC club a permanent fixture in their lives.

- 1. Streamline meetings to ensure they are convenient and productive; schedule them to accommodate as many members as possible; make an agenda and stick to it two hours or less is about the right time frame for a meeting.
- 2. Include time either before or after the meeting for refreshments and socializing.
- 3. Include programs that are of interest to your members. Get their input. Possibly, work on a project at the meeting like Linus Blankets.
- 4. Communicate with your members by phone, email, text, mail, etc. Keep in touch with them.

You are doing a great job recruiting new members, now is the time to keep that talent in your clubs! Contact me or the district membership team if we can help in any way. THANK YOU! And, thank you for your club membership reports. This chairman will share numbers in the next article.

#### EDUCATION COMMUNITY SERVICE

Sara Ruppel, Chairman

41 Rosewood Lane, Marietta, PA 17547 717-917-0722 winnie442@gmail.com

As the spring season is upon us, something very important occurs with it – HOBY season! All across the state volunteers are gearing up for their seminar weekend – some dedicated volunteers traveling from across the country or world to help – and nervous sophomores and their parents are making arrangements to attend, reading over the materials in anticipation, making sure not to forget anything and wondering what they are going to spend the weekend doing. I spent 15 years volunteering with HOBY, and the excitement and sense of community at these events is amazing! HOBY changed my life. As a HOBY ambassador in 1998 representing my high school, I was excited and a little nervous pulling up to a college campus and seeing all the people like me. What really struck me, though, was the overwhelming ENTHUSIASM of everyone. I spent 15 years with that HOBY feeling – pulling up with a car full of supplies, running out of my car and hugging friends seen only once a year who had come from all over the country – instantly connecting once again. HOBY gave me a glimpse into how the legislative process works, different views on education, media, nonprofit organizations and business through speakers and off-site visits. HOBY taught me how to develop presentations, public speaking, how to set and achieve goals, conflict resolution and how to work with a diverse group of people, among many other things. Through mentoring HOBY alumni who had come back to help at the conference, I developed crucial leadership skills. HOBY also taught me how to find my voice, and my place. HOBY inspired me to stand up to the bullies in my school for both myself and other students who didn't have that voice yet. HOBY taught me to turn my passion for helping others into action and provided an inclusive, supportive environment of my peers to support me when I failed or needed to talk, and as I grew into adulthood.

I carry my HOBY experience – all 15 years of it – with me every day. I know that my life would not be what it is without HOBY and I am who I am in large part because of HOBY. And, best of all, HOBY led me to GFWC. But HOBY cannot exist without dedicated volunteers and donations which come in part from GFWC clubs. So in essence YOU changed my life by giving and volunteering – THANK YOU. Please consider doing the same for the next group of HOBY students – our three PA seminars will be thrilled with your gift of time or generous donation, monetary or gift in kind items are needed - they would also welcome you for a visit to see the seminar in action. I am also happy to share my HOBY story with your club and can travel anywhere – please contact me if you are interested.

#### 2018-2020 COMMUNITY IMPROVEMENT CONTEST

Roxy LeVan, Program Chairman
323 North Ridge Road, Milton PA 17847
570 742-7008 roxy wynding brook@verizon.net

Ladies, it is already **2019!** Have you selected your Community Project? Have you completed your planning stage and started the actual working process? Have you documented all phases of the project?

Remember to keep accurate records of the entire project – from the very beginning to completion. Concept and planning, photos, news articles, membership involvement, hours spent on project, perhaps assistance from other organizations, how monetary commitments were met, and so on. If during the process, you need to revise your original plans, be sure you have records explaining how and why it was necessary. You must keep all these records in order to submit a well-documented Community Improvement Project showing the successful impact on your community. As the Chairman of the GFWC Pennsylvania Community Project Award, I must receive the entries by March 1,2020. The entries will be judged on the state level on March 5-15,2020.

#### **PUBLIC ISSUES**



## Toni Mangretta, Chairman

372 Washington Ave., Apt. D, Oakmont, PA 15139 412-999-6935 campconny13@aol.com

GFWC Public Issues Community Service Projects are projects that members initiate and participate in to serve their communities – they can also include projects that relate to GFWC Resources. These projects may involve other members of the community, other organizations, or the individual club or members. Some examples from other clubs in other states:

- In Connecticut, a club sponsored "Are You Ok"? a senior reassurance program available to citizens over 60. 365 days a year, club members contact a list of 20-30 subscribers. If there is no response, the subscriber's emergency contact is called and/or fire or police help is dispatched. Contact your local fire or police departments to see about this great program.
- In New Jersey, in appreciation of their concern for the safety of its local school children, a club recognized 16 local volunteer School Crossing Guards for enduring extreme winter cold. Club members honored the volunteers at a monthly meeting; they gave them printed certificates of appreciation and Dunkin' Donuts gift cards. (Great Idea!)

These are just a few ideas for clubs to do. Think of what you can do for your community! Don't forget our two resources: **Sew Much Comfort** and **The USO**. And, *continue to fly your flag every day*.

#### LEADERSHIP - ATTENTION CLUB PRESIDENTS

Mary Fenstermacher, Chairman 4348 Wendy Way, Schwenksville, PA 19473 m80fenstermacher@gmail.com

The GFWC Buzzing Bees are busy. Our goal is to assist Henri Belcher Stack, GFWC Leadership Chairman, in her quest to have 1,000 projects devoted to women in the military during this administration.

Women have been part of the war effort since the Revolutionary War. In the early days, women had to disguise themselves as men to participate in combat. Rosie The Riveter became a symbol depicting all the American women who worked for the war effort on the home front. Her motto "We Can Do It". These women worked in administrative, medical, and communication jobs. During the years that followed, regardless of the branch (Army, Navy, Marines, Coast Guard) and regardless of rank, each was taught to be a leader.

GFWC also has leadership training programs for their members: The Leadership Education and Development Seminar (LEADS); and the Summer Leadership Conference. These conferences motivate, inspire and encourage members to "step up" and take active positions in their Club. Our members are encouraged to lead by example, be a team player and be part of a support team. They are also asked to communicate clearly, concisely, tactfully, and diplomatically. Participation in Club activities enables one to make lasting friendships, develop self confidence, expand their leadership skills, and be an effective problem solver.

Our clubs are also patriotic. Each meeting begins with the salute to the flag of the United States of America followed, in many clubs, by a patriotic song. It would be great if each GFWC member would adopt the motto of Rosie "We Can Do It". Robin Hightower, Myrtle Council, Lisa Baumgardner, and Margaret Dupre are a few GFWC members that served our country. We thank them.

I leave you with this thought from Mother Teresa: "Spread love everywhere you go. Let no one ever come to you without leaving happier"

#### **FUNDRAISING**

**Donna Napoleon, Chairman**42 Russell St., Baden, PA 15005
724-869-7481 <u>dnapoleon42@comcast.net</u>



Beaded Stone Bracelets

We still have a limited amount of **bracelets** and colors available for Valentines, St. Patrick's, and Easter gifts for family and friends! Remember - these bracelets are made of Natural Stones and have special meanings. We have one bracelet that is pink, brown, and white, which means love, purity, and healing; one that is pink marbling; and one that is light pink. The bracelets are \$10. ea.

**Garment Bags** are still available; they are black with a front-zippered compartment for reports, folders, or extra accessories. Everyone wants to be organized—they also make a great holder for rolls of wrapping paper. The Garment Bags are \$15. ea.

Garment Bag



**Coming soon...**more bling to accent your wardrobe, such as necklace and earring sets. And possibly, cutting boards.

Ladies, I hope your holidays were filled with love and happiness. Mini and I hope all of the clubs are having great success with your individual fundraisers. Please share your ideas with others. And, please contact me if you would like to purchase anything. Looking forward to seeing you at convention, come see me and check out our new fundraising items.

#### DOMESTIC VIOLENCE AWARENESS AND PREVENTION

#### Marian B. Wellington, Chairman

711 Elgin Rd. Newtown Square, PA 19073-3202 610-353-1079 tweetymarian@yahoo.com

Congratulations! The "Step Away From Abuse Sock Contest" was a success! Thanks to all members of the 35 clubs who supported and participated. Clubs from all six districts were represented in the contest. The members of these clubs collected 8,954 pairs of socks for their local Domestic Violence Shelters. That is Awesome, ladies! Even though there are only three clubs receiving an award at the 2019 GFWC Pennsylvania Convention, every club that participated in this contest is a winner in the eyes of their local Domestic Violence Shelter. Thank you for caring.

What is Domestic Abuse? Domestic abuse is an ongoing pattern of controlling behaviors used to physically, emotionally, sexually, and psychologically exert power over an intimate partner or family member. The mission statement of the **Domestic Abuse Project** works to prevent domestic violence and empower victims to move towards self- sufficiency. Domestic Abuse may include: Physical Abuse such as: hitting, pushing, shaking, slapping, choking, burning, scratching, spitting, and use of a weapon - knife or gun; Financial Abuse such as: control of money and other financial resources, abusing shared bank accounts, and forcing someone to give money for their personal habits; or Psychological Abuse such as: humiliation, deliberate embarrassment, and isolation.

Services that are free and confidential: Counseling Services such as: 24/7 Hotlines, Counseling/Safety Planning, Short and Long Term Counseling, Support Groups, Financial Empowerment Programs, and Children's Programming; Legal Services such as: Legal Options Counseling, Advocacy/Support, filing Temporary Protection from Abuse (PFA) Orders, Legal representation of clients at final PFA Hearings, District Court Accompaniment to appear at the abuser's criminal proceeding, and assistance filing Crime Victims Compensation. Safe Houses provide safe, secure undisclosed emergency shelter; provisions (food, clothing, personal care items), Case Management and Goal Planning, Safety Planning, Advocacy, Information and Referral Services, and Children's Advocacy/Counseling.

Abuse is often cyclical in nature and will not go away. It usually gets worse and can increase in frequency over time. By learning how to recognize the signs of domestic violence, we, as club members, can help to empower lives.

#### **CONSERVATION COMMUNITY SERVICE**

#### Sue Hardenbrook, Chairman

90 Buckthorn Drive, Carlisle, PA 17015-4303 717-243-9872 vsranch1@comcast.net

What is your club doing to Reduce, Re-use and Recycle as part of the Conservation Program? Are you collecting tabs for Ronald McDonald House, donating clothing, household items, and furniture? All these ways to reuse items are listed in the Reuse, Recycle, Donate Directory compiled for Cumberland County. Since the directory was initially created, three new sections have been added due to suggestions from community members. They are Cell Phones, Pink Hands of Hope (a local non-profit that is dedicated to helping women in Central PA during their fight with breast cancer) and a non-profit Computer Ministry that takes computers, repairs them, donates them to those in need or recycles them.

Over 50 copies of the directory have been distributed. For example, one woman new to the area was dealing with the estate of a family member and didn't know what to do with furniture. A copy of the directory was emailed to her, listing places to donate furniture (with some places even picking up the furniture).

Have you asked members of your community about what they are interested in "getting rid of"? This is a good opportunity to talk about GFWC Pennsylvania and our Conservation Program. It brings awareness of both GFWC and recycling, and is an opening for membership recruiting as well. I really enjoyed reading your Conservation reports!

#### LEGISLATION / PUBLIC POLICY



**Gaylene Hunter, Chairman** 16 Farmhouse Road, Mountain Top, PA 18707 570-751-6144 gaylene37@yahoo.com

The making of untraceable and undetectable guns is becoming a significant problem. Programmable 3-D printers have come down in price making then affordable to almost everyone. They are capable of producing firearms constructed of plastic that cannot be picked up by metal detectors at airports and other checkpoints where crowds gather. The online availability of schematics and computer programing information gives criminals access to guns which they would normally not be able to purchase legally. These guns cannot be traced because, unlike guns made by legitimate manufacturers, they have no serial numbers. This makes law enforcement much more difficult.

The 3-D printed Gun Safety Act would make it illegal to publish computer codes that could be used to program 3-D printers to make firearms. Please contact your legislative representatives and ask them to support this important piece of legislation.

#### PRESIDENT'S PROJECT



#### Dawn L. Himler, Chairman

458 Himler Road, Greensburg. PA 15601-6322 724-836-3764 or dhimler@comcast.net

"Heigh-ho, Heigh-ho," a Stepping we will go... and you really are "STEPPING IT UP!" Many of you have e-mailed or snail-mailed me your step log sheets or just your step numbers. Thank you so much. By the time you receive this, many of you will have turned in your final log sheets or numbers along with your entry forms to your district chairman or sent them to me-postmarked by March 25<sup>th</sup>. If you need an entry form, they were distributed at the Summer Leadership Conference or in the August bulk mailing to club presidents. If you can't find one just let me know and I can email you one.

Now, what about the next set of destinations! We have three more destinations in mind for you to "step" to. You can travel with Daisy to Parsippany, New Jersey for the Middle Atlantic Region Meeting at 434,000 steps or go with Goofy to Atlanta, Georgia for the International Convention at 1,586,000 steps or travel with Mickey to Disneyland in California at 5,124,000 steps. **REMEMBER the new destinations start on March 21, 2019,** but here is a surprise: you don't have to start with zero steps you will just continue on with what you already have, so completing more than one destination is possible. Here is an example: you and Pluto reached Albany by doing 652,400 steps, but since the next Region Meeting in New Jersey is only 434,000 steps you and Goofy also reached Parsippany too, and you are on your way to Atlanta. More details and examples will be given at each of the Spring District Meetings and Arts Festivals by your District President's Project Chairman.

I can't wait to announce at our convention how many steps we have traveled. I can tell you that you are phenomenal! U.S. Olympic Marathoner Deena Kastor stated "When you have the enthusiasm and the passion, you end up figuring how to excel."

#### JUNIORS SPECIAL PROGRAM ADVOCATES FOR CHILDREN



#### Judy Grace, Chairman

1120 Manatamany Drive, Pocono Lake, PA 18347 570-643-8742 jagrace@ptd.net

GFWC Juniors' Special Program: Advocates for Children encourages all clubs to make a difference in our world by becoming advocates for children. Members may choose to organize projects that benefit children in their community, state, or the world.

While project ideas are numerous, clubs are encouraged to educate themselves regarding current issues facing our children: • Child Abuse • Health issues • Poverty • Cyberbullying • Teen dating violence • Childhood obesity • Texting while driving • Depression and suicide • Foster care and adoption • Limits on screen time • Childhood safety issues. See what issues are impacting the children in your area, get educated on those issues, find out how you can help, and *Get Going!* 

GFWC partners with, among others, the March of Dimes and St. Jude's Children's Hospital.

Here is one idea for St. Jude's patients:

Mask Straps for St. Jude's patients - Mask straps improve the comfort level for patients required to wear masks either to prevent the spread of infection or protect from infection. These mask straps replace the elastic band that comes standard on the mask. Patients report that the flannel and fleece material feels much better against their cheek and causes far less rubbing than the original elastic band. Patterns and specific information for this project can be found at: https://www.stjude.org/get-involved/other-ways/volunteer-at-the-hospital/how-to-become-a-volunteer/at-home-projects/mask-straps.html.

Please report any projects your club undertakes under Advocates for Children. I can be reached by phone, email, or snail mail as listed

# **CLUB NEWS**

Secret Santa paid a visit to an Elementary School in Upper Bucks County delivering bags of special toys to one little boy and girl. The **Woman's Club of Perkasie** provided the funds and Secret Santa provided the toys.

Pictured left to right: Judy Schuster (Guidance Counselor), Mary West (Club President), Dr. Michelle Wiley (Principal), and Ellen Strouse (Secret Santa).



# **CLUB NEWS**



At their December 7, 2018 club meeting, the **Warrington Women's Club** donated hats and gloves to the Warrington Township's Project to help the needy.

Pictured is President, Muriel Stanley and member, Pauline Donovan.



Our **Community Club of Collegeville** has been busy!

This fall they partnered with CHICO'S and held their 6th Annual Fashion Show and Luncheon. Proceeds were used for 5th grade awards for most improved students, and for college scholarships in the Perkiomen Valley School District.

At their October 2018 meeting they collected and donated 245 pairs of men's, women's and children's socks to the homeless and to victims of domestic abuse.



And, at their November meeting, they put together Jared Boxes, for The Jared Box Project .

# **CLUB NEWS**

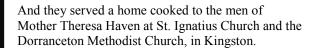


Our **GFWC West Side Women's Club** has been busy! Members purchased and donated 454 pairs of women's and children's socks to the Domestic Violence Center, in Wilkes-Barre and to the Catherine McAuley House in Plymouth. Pictured to the left are Gail Frank (Club President); Becky McCuen, Brian Macadarra (Director of Protective Services with Area Agency on Aging), and Eileen Gallagher.

Pictured to the left and below: They also recently held a membership tea at AmberDonia restaurant in Kingston. Two prospective members attended the Tea.

At their annual holiday party, they donated women's underwear to Ruth's Place. Pictured below: Jackie Corbett, Cathy Laskaris, Heide Cebrick, Karen French, Gail Frank.





Pictured to the left: Gail Frank, Karen French, Linda McGeehan, Flo Dougherty. 2nd Row: Irene Mackiewicz, Joanne Corey, Diane Fort, Jean Pieczynski, Shelley Russin, Carol Grogan, Ginny Zdanowicz, Mary Ann Augaitis and Marge Gushka.

#### Our New Brighton Civic Woman's Club

discussed breast cancer awareness at their October 2018 Meeting. Snacks were pink and were served in pink ribbon containers. Also, three new members were installed - Jessica Henry, Jewel Collwell, and Vickie Ludwig

Pictured from left to right: Kathy Stramella, Cathy Wink, Bernie Mattica, Cheryl Gauvey, Dayna Dierdorf (club president), Darcell Fosnaught, and LuAnn Glover.



#### 2018—2020 Clubwoman Staff

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# 2019 SUMMER LEADERSHIP CONFERENCE JULY 26 - 27, 2019

The Penn Stater Hotel and Conference Center State College, PA

#### Look forward to:

- 2018-2020 State President's Projects
- Great speakers!
- Great workshops!
- Sharing ideas and projects!
- Penn State Ice Cream!
- Interacting with fellow club members
- Much More!!!

# 1895 Society Contributors

**Boyertown Junior Woman's Club** 

GFWC Women's Club of Duquesne
Indian Valley Junior Women's Club
GFWC Intermediate League of Butler
GFWC The New Century Club of West Chester
Cheryl Brooks
Dorothy M. Denza
Carol Foley
Barbara Longstreth
Kathy Lynn Ruth
Carolyn Smith
Lenore Souder

Patricia Vargo