

PENNSYLVANIA CLUBWOMAN

Official Publication of the
General Federation of Women's Clubs Pennsylvania



Volume 102 Issue 4 June 2021

PRESIDENT'S MESSAGE

2021 GFWC PENNSYLVANIA ANNUAL MEETING/CONVENTION

July 22-25, 2021; at the Sheraton Harrisburg Hershey

The GFWC Pennsylvania Board of Directors and the convention committee looks forward to the annual meeting/convention and seeing all of you in-person. We are working closely with the hotel to insure the health and safety of all members. Please bring your mask (s) and hand sanitizer. We have numerous awards to present for outstanding projects and individuals, great speakers, live entertainment and fun festivities planned for a weekend of celebration and renewing friendships. The Call to Convention is included in this newsletter and is on the gfwcpennsylvania.org website with all the details for the event. We are honored to have Suellen Brazil, GFWC First Vice President as our guest.

Since we will not have a Summer Leadership Conference to present the coming year's information, each member will receive an information packet at convention and clubs not attending will receive the packet by mail to the club president. All of the information will be posted on the gfwcpennsylvania.org website following the convention.

Jared Box Items – We have 400 boxes to fill that were purchased for the previous administration project. The items must fit in a plastic shoe box. Suggestions include: crayons, colored pencils, pens, regular pencils, playdough, stickers, playing cards, small puzzles, cars, activity books, writing pads, hand lotion, lip balm, UNO card games, coloring books, silly putty, slinky, stuffed animals (must be small to fit in a shoe box), nail polish, craft kits, paint sets. Items for children ages 3-5, 5-8, and 8+ would be the target ages. This can be a great club project for your June or July meeting. Monetary donations will be accepted as well.

FESTIVAL OF ARTS AWARDS

Congratulations to the Arts Awards winners announced at the Saturday, May 1st Zoom meeting. Award certificates will be presented at the convention. Despite the pandemic there were entries in every category, both member and student. *Arts presentation video is on the website.*

The club reports were fantastic and I enjoyed reading many of them. It will be a pleasure to present awards at convention. The support of the 'Galaxy Goals' in 2020 was amazing in collecting eyeglasses, donating dollars for Fill a Glass with Hope and making baby hats and blankets for March of Dimes. Great job ladies!!!!

Did you attend the "Workshop Wednesdays" presented by the Community Service and Advancement Area chairmen? Recordings of the workshops are available on the gfwcpennsylvania.org website to view individually and share with your members at a meeting. The chairmen are available for meetings and you may schedule with them directly. Their contact information is in the directory and in their Clubwoman articles.

Thank you to the clubs for their support of the State President's Project – Vision Impairment Awareness. A successful workshop was presented in March by Chairman Carol Foley and the district chairmen. A recording is available on the website if you missed it. We have learned so much this year about eye diseases, eye care, programs for the visually impaired and much more. The committee will continue providing useful information and ideas in the coming year and don't forget to keep collecting eyeglasses with our new goal of 2022 pairs.

Peyton, my grand dog reminds you to wear your sunglasses!! Enjoy your summer and see you in July at the convention.



Together in Federation,
Sandy Hauenstein
GFWC Pennsylvania President



GENERAL FEDERATION
of WOMEN'S CLUBS

2021 GFWC PENNSYLVANIA ANNUAL MEETING/CONVENTION



General Federation of Women's Clubs Pennsylvania
Sandy Hauenstein, President

Call to the 124th Annual Business Meeting/Convention
July 22-25, 2021

Sheraton Harrisburg Hershey, 4650 Lindle Road, Harrisburg, PA 17111

Hotel Reservations:

Standard rooms are \$134.00 per night plus state and local taxes equal to 11% tax.

Reservations may be made by calling (717) 564-5511 or online at

<https://www.marriott.com/events/start.mi?id=1610115948601&key=GRP>

Room reservation deadline: Tuesday, July 1, 2021.

Convention Registration Information:

1. Registration POSTMARKED deadline is **Thursday, July 1, 2021**
2. Registration for the entire Convention is \$50.00. One day registration is \$40.00.
3. Your club number appears in the State Directory sent to each Club President annually.
4. **Complete** Registration Form (included in this newsletter) with check payable to:
2021 GFWC PA Convention

and mail to:

Denise Tovlin, Convention Registration Chairman
204 Williamsburg Drive
Elizabeth PA 15037-2442

Registration Desk Schedule:

Thursday, July 22: 4:00 p.m. – 6:00 p.m.
Friday, July 23: 8:00 a.m. – 10:30 a.m.; 4:30 p.m. – 5:00 p.m.
Saturday, July 24: 8:00 a.m. – 9:00 a.m.

What Should I Wear?

Thursday Dinner: Casual – please no shorts or denim
Business Meetings: Business casual
Friday Banquet: Business/Dressy
Friday Poolside: Casual; swimsuit if you want to swim
Saturday Banquet: Dressy – Mardi Gras theme
Sunday Breakfast: Casual

What Should I Bring?

Jared Box Items – We have 400 boxes to fill that were purchased for the previous administration project. The items must fit in a plastic shoe box. Suggestions include: crayons, colored pencils, pens, regular pencils, play-dough, stickers, playing cards, small puzzles, cars, activity books, writing pads, hand lotion, lip balm, UNO card games, coloring books, silly putty, slinky, stuffed animals (must be small to fit in a shoe box), nail polish, craft kits, paint sets. Items for children ages 3-5, 5-8, and 8+ would be the target ages. This can be a great club project for your June or July meeting. Monetary donations will be accepted as well.

March of Dimes Baby Blankets and Baby Hats

Face Mask (s)

Hand Sanitizer

Proposed Bylaws

Proposed Resolutions



2021 GFWC PENNSYLVANIA ANNUAL MEETING/CONVENTION



General Federation of Women's Clubs Pennsylvania
Sandy Hauenstein, President

Call to the 124th Annual Business Meeting/Convention
July 22-25, 2021

“Reach for the Stars”

Meal Information – Advanced Reservations Required!

Coffee, tea and water served with all meals

Thursday, July 22, 2021

- 6:00 p.m. Dinner on your own – the hotel has a restaurant and there are several restaurants with walking distance of the hotel
- 7:00 - 9:00 p.m. Pennsylvania Farm Show Milkshakes at the Food Truck in the hotel parking lot

Friday, July 23, 2021

- 12:30 p.m. **Reach for History Luncheon \$33**
Executive Sandwich Buffet including vegetarian vegetable soup, assorted breads and rolls, tossed garden salad with assorted dressings, tuna salad, roast beef, ham, turkey and pastrami, potato salad, assorted cheeses, leaf lettuce, sliced tomatoes, pickles, assorted pies and cakes.
- 6:30 p.m. **State President's Project Vision Impairment Awareness Banquet \$39**
Garden Salad, sautéed chicken breast with spinach cream sauce, Chef's choice of seasonal vegetable; lemon cake with fresh strawberries.

Saturday, July 24, 2021

- 8:30 a.m. **Reach for Justice Breakfast \$26**
Sliced seasonal fruit and breakfast breads served family style, plated scrambled eggs, crisp bacon strips and Lyonnaise style breakfast potatoes; chilled juices, freshly brewed Starbucks coffee and assorted Tazo hot teas.
- 12:30 p.m. **Reach for the Arts Luncheon \$29**
Chef salad with hard-boiled egg, ham slice, turkey, roast beef, fruit cup, rolls and butter, triple layer chocolate cake.
- 6:30 p.m. **Reach for Good Times Banquet \$45**
Choice of crab cake or grilled flank steak, garden salad, Chef's choice of seasonal vegetable, New York style cheese-cake with strawberry topping.

Sunday, July 25, 2021

- 8:00 a.m. – 10:00 a.m. **Reach for Rest Breakfast Buffet \$27**
Chilled Juices, freshly brewed Starbucks coffee and assorted Tazo hot teas; freshly baked breakfast breads and pastries, assorted bagels and cream cheese, seasonal fruit platter, scrambled eggs, breakfast potatoes, pancakes, French toast with strawberry and blueberry sauces, crisp bacon and sausage links.



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General Federation of Women's Clubs Pennsylvania
Sandy Hauenstein, President



124th Annual Business Meeting/Convention
July 22-25, 2021

“Reach for the Stars”

Tentative Agenda (subject to change)

Thursday, July 22, 2021

4:00 p.m. – 6:00 p.m. Registration Open
4:30 p.m. – 5:30 p.m. Executive Committee Meeting
6:00 p.m. - Dinner on Your Own
7:00 p.m.- 9:00 p.m. Pennsylvania Farm Show Milkshakes

Friday, July 23, 2021

8:00 a.m. – 10:30 a.m. Registration Open
9:00 a.m. – 10:00 a.m. Board of Directors Meeting
10:30 a.m. – 12:15 p.m. Opening of 124th Annual Business Meeting/Convention
Opening Ceremonies
Recognition of First Time Attendees
Presentation of Standing Rules
Presentation of Convention Program
Presentation of Awards
12:30 p.m. – 2:30 p.m. Luncheon – “Reach for History” (red/white/blue attire)
Speaker: *David Biser – John Harris Jr. portrayal*
Presentation of Awards
2:45 p.m. – 4:00 p.m. Business Meeting
Presentation of Bylaws
Presentation of Awards
4:00 p.m. – 5:00 p.m. Special Service Project – *Greeting Cards for Veterans*
4:00 p.m. – 5:00 p.m. Registration Open
4:30 p.m. – 5:00 p.m. Meeting of GFWC PA Past Presidents & Past Directors of Junior Clubs
Meeting of GFWC PA Past District Directors Club
5:30 p.m. – 6:30 p.m. Social Time (cash bar)
6:30 p.m. – 10:00 p.m. Banquet – State President’s Project – *Vision Impairment Awareness*
Speakers: *Danette Blank and Paul Zavinsky, Vision Resources of Central Pennsylvania*
Presentation of Awards
Celebration of the 2018-2020 Administration
Celebration of the 2020-2022 Administration
10:00 p.m. – 11:00 p.m. Poolside Party – hosted by the 2020-2022 Executive Committee



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Sandy Hauenstein, President



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July 22-25, 2021

“Reach for the Stars”

Tentative Agenda (subject to change)

Saturday, July 24, 2021

7:00 a.m. – 7:50 a.m.	Arts Set-up
8:00 a.m. – 9:00 a.m.	Registration Open
8:00 a.m. – 4:00 p.m.	Vendors Open for Business
8:00 a.m. – 4:00 p.m.	State Festival of the Arts
8:30 a.m. – 9:30 a.m.	Breakfast – Reach for History Speaker - <i>Bart Stump – Justice Bell</i> Presentation of Awards
9:45 a.m. – 12:00 p.m.	Business Meeting Presentation of Resolutions Reports of GFWC Pennsylvania Officers Reports of District Directors Recognition of the March of Dimes Blanket and Hat Project Presentation of Awards
12:30 p.m. – 2:30 p.m.	Luncheon – Reach for the Arts Speaker: <i>Corporal Samantha Minnucci, Pennsylvania State Police Academy</i> Recognition of GFWC PA Woman of The Year Award Recipient Recognition of the 2020 GFWC PA Jennie Award Recipient State Festival of the Arts Awards Presentation of Awards
2:45 p.m. – 3:15 p.m.	Business Meeting Memorial for Clubwomen Invitations Presentation of Awards
3:30 p.m. – 5:00 p.m.	Club Photos – schedule to be announced
6:00 p.m. – 6:30 p.m.	Social Time “Honoring GFWC Pennsylvania Past Presidents” (cash bar)
6:30 p.m. – 10:00 p.m.	Banquet – Reach for the Good Times Speaker: <i>Suellen Brazil, GFWC First Vice President</i> Presentation of Awards Entertainment – Dillsburg Brass Fundraising Activity
10:00 – 11:00 p.m.	Informal Gathering – Presidential Suite

Sunday, July 25, 2021

8:00 a.m. – 10:00 a.m. Breakfast Buffet: Enjoy casual time with your district director and district clubwomen



124th GFWC Pennsylvania Annual Business Meeting/Convention - July 22-25, 2021
Sheraton Harrisburg Hershey, 4650 Lindle Road, Harrisburg, PA 17111

REGISTRATION FORM



Registration must be postmarked by Thursday, July 1, 2021.

Return this form with your check payable to: 2021 GFWC PA Convention and mail to:

Denise Tovlin, Convention Registration Chairman
204 Williamsburg Drive
Elizabeth PA 15037-2442

Pre-Registration is required for all Convention Attendees. You may duplicate this form as needed.

PLEASE PRINT NEATLY

Name _____ Position _____
Name as you wish it to appear on your name badge Club, County, District, State

Address _____

Phone Number _____ Cell Phone _____

Email address _____

Club _____ Club number _____
As it appears in the directory. As it appears in the directory.

District _____ County _____

Check if a First Time Convention Attendee _____

Registration: \$50.00 _____ Full – GFWC PA Clubwoman - includes voting privileges
\$40.00 _____ Single Day – No voting privileges

Food Functions:

Friday Luncheon: \$33.00 _____ Vegetarian ___
Friday Banquet: \$39.00 _____ Vegetarian ___
Saturday Breakfast: \$26.00 _____ Vegetarian ___
Saturday Luncheon: \$29.00 _____ Vegetarian ___
Saturday Banquet: \$45.00 _____ Vegetarian ___ Crab Cake ___ Steak ___
Sunday Breakfast: \$27.00 _____

Total Registration and Food: _____ Check number _____

Explain if you have any special dietary needs:

Communications and Publications Policy

Photographs: By registering for and attending the 2021 GFWC PA Business Meeting/Convention you consent to having your photograph taken and used by GFWC Pennsylvania and/or its agents for any commercial and noncommercial purpose and expressly waive any right to compensation for such use.

Date _____ Signature _____

FESTIVAL OF ARTS AWARDS – Congratulations to all!

Member Short Story:

1st Lemar A. Gilmore, Rostraver Woman's Club

Member Poetry:

1st Kathy Ruth, GFWC PA Women's Civic Club of Schwenksville

2nd Joellen Zitch, GFWC Mechanicsburg

Student Short Story Category 1:

1st Jane Wertz, Warrior Run Woman's Club

Student Short Story Category 2:

1st Jocelyn Rosinski, GFWC PA Woman's Club of Spring Township

2nd Abigail Shipman, GFWC Pennsylvania – Bangor

Student Short Story Category 3:

1st Ava Butchki, Rostraver Woman's Club

2nd Natali Cupani, GFWC PA Woman's Club of Spring Township

Student Short Story Category 4:

1st Lex Muzyka, GFWC PA Woman's Club of Spring Township

2nd Christian McElroy, GFWC Pennsylvania – Bangor

3rd Chelsea Hartman, Rostraver Woman's Club

Student Poetry Category 2:

1st Lauren Watts, GFWC PA Woman's Club of Spring Township

2nd Leah Roometua, GFWC Pennsylvania – Bangor

Student Poetry Category 3:

1st Cameran Huyett, GFWC PA Woman's Club of Spring Township

2nd Danica Land, Rostraver Woman's Club; 3rd – Helen Wertz, Warrior Run Woman's Club

Student Poetry Category 4:

1st Lillian Wertz, Warrior Run Woman's Club

2nd Liliana Priedtaf, GFWC Pennsylvania – Bangor

3rd Dani Radosh, GFWC PA Woman's Club of Spring Township

Member Art Division 1:

1st Tara Crum, Abington Heights Civic League

2nd Dot Hoffman, Saxonburg District Woman's Club

Member Art Division 2:

1st Dot Hoffman, Saxonburg District Woman's Club

2nd Tara Crum, Abington Heights Civic League

Member Art Division 3:

Tie 1st Dot Hoffman, Saxonburg District Woman's Club and Tara Crum, Abington Heights Civic League

Student Art Division 1:

1st Mackenzie Deininger, GFWC PA Woman's Club of Spring Township

2nd Lyla Grays, GFWC Bethlehem Women's Club

Student Art Division 2:

1st Chloe Shuker, GFWC PA Woman's Club of Spring Township

2nd Brock Metz, Upper Allen Woman's Club GFWC

3rd Jack Burrel, GFWC Bethlehem Women's Club

4th Natalie Startarf, Rostraver Woman's Club

FESTIVAL OF ARTS AWARDS – Congratulations to all!

Student Art Division 3:

- 1st - Grace Jentes, GFWC PA Woman's Club of Spring Township
- 2nd - Mya Borgel, Upper Allen Woman's Club GFWC
- 3rd - Maya Fatula, GFWC Women's Club of Duquesne
- 4th - Seamans McNally, GFWC Bethlehem Women's Club

Student Art Division 4:

- Tie 1st Alyssa Grim, GFWC PA Woman's Club of Spring Township and Abigail Duyssen, GFWC Pennsylvania – Bangor

Member Photography Our World Up Close:

- 1st Suzan Donovan, GFWC Mechanicsburg
- 2nd Becky Plymale, GFWC Intermediate League of Butler
- 3rd Kristi Biltz, GFWC Hollidaysburg Area Women's Club
- 4th Judy Wetzel, GFWC Junior Woman's Club of Boyertown
- 5th Carolyn Smith, GFWC Pennsylvania Bangor

Member Photography Natural Wonders:

- 1st Becky Plymale, GFWC Intermediate League of Butler
- Tie 2nd Dorsey Derr, GFWC Woman's Club of Spring Township and Emily Schwartz, Upper Allen Women's Club GFWC
- 3rd Carolyn Smith, GFWC PA Bangor; Kristi Biltz, GFWC Hollidaysburg Area Women's Club

Member Photography Reflections:

- 1st Sandra Simpson, GFWC Saxonburg District Woman's Club
- 2nd Ara Crum, Abington Heights Civic League
- 3rd Karen Sutphen, GFWC Mechanicsburg
- 4th Cindy Troutman-Myers, Warrior Run Woman's Club
- 5th Judy Wetzel, GFWC Junior Woman's Club of Boyertown

Member Photography GFWC Living the Volunteer Spirit:

- 1st Cynthia Hershey, GFWC Hollidaysburg Area Women's Club
- 2nd Nancy Coach, GFWC-West Side
- 3rd Beata Herold, GFWC Rostraver Woman's Club

High School Photography Living Things Color:

- 1st Jewells Eldridge, GFWC PA Bango
- 2nd Amy Kovach, GFWC PA Women's Club of Spring Township
- 3rd Todd Feil, Upper Allen Woman's Club GFWC
- 4th Joseph Petrin, Warrior Run Women's Club

High School Photography Living Things Black & White:

- 1st Paige Magnelli, Upper Allen Woman's Club GFWC

High School Photography Scenic Color:

- 1st Paige Magnelli, Upper Allen Woman's Club GFWC
- 2nd Amy Kovach, GFWC PA Woman's Club of Spring Township

High School Photography Still Life Color:

- 1st Todd Feil, Upper Allen Woman's Club GFWC
- 2nd Amy Kovach, GFWC PA Woman's Club of Spring Township

FESTIVAL OF ARTS AWARDS – Congratulations to all!

Member Crafts Decoupage Plate:

- 1st Carolyn Smith, GFWC Pennsylvania Bangor
- 2nd Joellen Zitch, GFWC Mechanicsburg;
- 3rd Bridget Petrauskal, Junior Woman's Club of Boyertown
- 4th Dot Hoffman, Saxonburg District Woman's Club

Member Crafts Eyeglass Case:

- 1st Yolanda Cypher, GFWC Intermediate League of Butler
- 2nd Marian Smith, GFWC PA Nazareth Woman's Club

Member Crafts Colored Ornament:

- 1st Patricia Motyka

Member Crafts Bracelet:

- 1st Marian Smith, GFWC PA Nazareth Woman's Club

MEMBER CRAFTS FOR 2021 – 2022

1. **Paper Earrings** - Construct a pair of earrings made from paper. Maximum size 3" X 3" X 3" including findings (holder)
1. **Hex Ornament** – Design and color a Hex sign as an ornament. Maximum size 6" X 6" X 1/2" does NOT include hanger/string.
3. **Painted Gourd** – Paint a spring themed gourd. Maximum size 8" X 8" X 8"
4. **Decorated Bottle** – Decorate the outside of a bottle with any medium. No inside decorations. Maximum size 8" x 8" X 8"
5. **Cross Stitch Pillow** – Create a Cross Stitch Pillow. Maximum size 8" X 8" X 8"
6. **STEM Bookmark** – Design and color a 2 sided STEM themed Bookmark. Maximum size 2 3/4 " X 8 1/2". This is a FLAT 2-dimensional usable Bookmark. The winning Bookmark will be mass produced for a hand out at next year Convention. Bookmark have the STEM and GFWC emblem on them.

STEM: Science, Technology, Engineering and Mathematics

ARTS and CULTURE

Kathy Cassel, Chairman
914 Broad Street, Perkasio, PA 18944
215-896-7747 kathymcassel@gmail.com

I was so happy to see the participation of the Arts. We had entries from almost every District.

Thank you to all of my Chairmen, District Arts Chairmen, County Arts Chairmen and local club Arts Chairmen for stepping up to the challenges of the past year.

I hope you had the opportunity to attend the zoom workshops and the zoom Arts Awards. Congratulations to all the winners and participants. I'm looking forward to displaying the winning entries at the Convention in July. I will be updating everyone on the Arts and Cultures and introducing the member crafts for next year at the Convention.

Looking forward to see everyone at Convention!!!

gfwcpennsylvania.org
Member Portal password : ShineOn2020

GFWC JUNIORS' SPECIAL PROGRAM: ADVOCATES FOR CHILDREN

Yolanda Cypher, Chairman

2841 Old Route 422 East, Fenelton, PA 16034

724-282-3447 yfc2841@gmail.com

Children are one third of our population and all of our future.

- Select Panel for the Promotion of Child Health, 1981.

KUDOS to all you GFWC PA clubwomen as you did not let the COVID-19 pandemic deter you from advocating for children! Our federated clubs accomplished 44 programs with 1,494 volunteer hours, donating \$13,116, and in-kind donations of \$15,274.

Thank you to all who delighted me with the opportunity to read reports about your heartwarming efforts to encourage and support children and families!

This summer I would encourage you to creatively plan projects that would support our GFWC partners as well as once again accepting the GFWC challenge to "stick your neck out" to benefit children during the GFWC Advocates for Children Week from Sunday, October 24 through Saturday, October 30, 2021.

Focus on advocating for art curriculums and outdoor activities at schools for all children, including those with disabilities. Your focus may include highlighting the value of art and outdoor programs as therapy and enrichment for challenged children. Please keep in mind that art can include visual arts as well as performing arts. The second GFWC focus is advocating for the education and training of parents or caregivers in becoming advocates in emergency and health-related situations.

Enjoy your summer!

LEGISLATION / PUBLIC POLICY



Carolyn Smith , Co-Chairman

6 N. Riverview Ave. Columbia, NJ 07832

908-475-5627 carolyns411@embarqmail.com

Dottie Sawyer, Co-Chairman

1628 Erie Court Effort, PA 18330

570-629-56-31 victorian.65@verizon.net

015-820 Human Trafficking, a modern form of slavery according to UNICEF, is the world's fastest global crime and second largest source of illegal income.

Nearly one-third of trafficking victims, globally, are children, and the numbers will raise with the number of unaccompanied children that have been crossing the southern border of the U.S. What will happen to these vulnerable children? The government should provide a safe place for the children, they need to strengthen the child protection systems to prevent trafficking, violence, abuse, and the exploitation against children.

If you listen to the news, you will hear that children are being placed in over-crowded conditions. The government needs to step up and take responsibility for all these unaccompanied children who may become victims of child trafficking/abuse. You can be an advocate by sending a letter to your local elected official to let them know that trafficking of children is an issue that needs their attention and matters to you. Sign your letter in **RED** and indicate that you are a member of GFWC Pennsylvania Women's Club.



PENNSYLVANIA WOUNDED WARRIORS IS IN NEED OF ...

...Lap size cloth quilts for veterans.

Contact Vicki Caparella at vac117@yahoo.com or 717-645-0733.

MEMBERSHIP

Mary Fenstermacher, Chairman
4348 Wendy Way, Schwenksville, PA 19473
610-489-2937 m80fenstermacher@gmail.com

This has been an unprecedented year. Some clubs were unable to meet, some clubs had ZOOM meetings and some had regular meetings. These abnormalities did not hamper our clubs. You, as membership chairman, sent me glowing reports. The totals were:

- Volunteer Hours – 2,196
- Dollars Donated - \$2,748
- Dollars Spent - \$3,309; In-Kind Donations - \$2,130

Remember membership is every member's responsibility!

Our new membership total is 72. Be a PROUD and ENTHUSIASTIC saleswoman for your club. I am sure there are many interested individuals on the horizon. Let's "look around" and invite friends, neighbors and coworkers to a meeting.

COMMUNICATIONS, PUBLIC RELATIONS, & SOCIAL MEDIA **Sue Hardenbrook, Chairman**
90 Buckthorn Drive, Carlisle, PA 17015
717-243-9872 ysranch1@comcast.net

Congratulations Pennsylvania clubs for keeping communications open during the challenging year 2020!

Eighteen clubs reported with narratives and 11 more with statistics only. There were 116 projects, 2,762 hours, \$2,875 donated and \$3,459.45 in-kind donations for Communications/Public Relations/Social Media. Clubs used websites, Facebook pages, newspapers, newsletters, and yearbooks to keep members and the public informed about what was happening in GFWC clubs. Clubs also used twitter, electronic billboards, radio, and PSA's (Public Service Announcements). Two clubs belong to the local Chamber of Commerce to spread the word through chamber meetings as well as the chamber's weekly online newsletter.

Many clubs have sent photos and articles to be posted on the GFWC PA Facebook page for Photo Friday. This highlights the many wonderful community projects done by our clubs and keeps GFWC in the public view when the posts are shared.

Has your club sent in a photo? If not, why not submit photos during the coming year?

CIVIC ENGAGEMENT and OUTREACH **Karen Stauffer, Chairman**
401 Reservoir Road, Mechanicsburg, PA 17055
717-697-2546 karendee44@hotmail.com

Calling quilters: *Pennsylvania Wounded Warriors* is in need of lap size cloth quilts for veterans.

Do you know a **World War II or Korean veteran** living in PA? They are eligible to attend the PA Wounded Warriors Gala with dinner, overnight lodging and breakfast as the guest of PAWW. In addition to being honored at the October 23, 2021 Gala, they can invite their spouse or significant other, children and their spouse/guest at the expense of PAWW. The veteran will receive one paid hotel room, besides the Gala dinner, and breakfast the next morning, along with a gift bag.

Please send their name, address, phone number, email of contact person, branch of service to Vicki Caparella at vac117@yahoo.com or 717-645-0733.

VISION
IMPAIRMENT
AWARENESS

FYI...

June is *Fireworks Eye Safety & Cataract Awareness Month*

July is *UV Safety Month*

August is *Children's Eye Health/Safety Month*

HEALTH and WELLNESS

Mary Braun, Chairman
314 Baumgardner Drive, Harrisburg, PA 17112
717-514-9124 mebraun22@yahoo.com

THANK YOU! THANK YOU! THANK YOU!

Thank you to all the GFWC PA Districts for accepting the challenge to “Fill a Glass with Hope”. Please share my thanks with your clubs. They had wonderful, creative fundraisers and did a great job! As of this newsletter deadline, this project looks like it will be successful. You will be hearing the grand total to be presented by our President Sandy Hauenstein and, yours truly, to the Director of Feeding PA soon.

“Moo...ving” into 2022, I am again challenging every Federated Club to creatively raise funds for the “Fill a Glass with Hope” project. Needy families can receive nutritious dairy products from food banks and food pantries across Pennsylvania. This project helps provide the funds for food banks to purchase milk, yogurt, cheese, and other dairy products. Our goal is to raise \$2022. by April 15, 2022. So, club-women, start thinking of ideas to raise funds for “Fill a Glass with Hope.”

Hopefully, you have had or have an appointment to get the Covid 19 vaccine. It is so important to encourage as many people as possible to get the vaccine to stop the spread of this virus. We still need to wear masks, even after we have been fully vaccinated until, “herd immunity” is reached. So, keep washing your hands often, social distance, and wear your good fitting mask. Do not put off going to your doctor for check-ups. You can verify that you are up to date with your immunization shots and know that you are well.

Every day I read or hear how this pandemic has affected us mentally and emotionally. Isolation has caused many to become depressed because they could not be with family or friends. I still have not been with my daughter since Christmas 2019. My comfort level is low for traveling, eating in restaurants, and being with groups. To overcome that lonely feeling, I walk outside with family or friends, when possible.

Sometimes you need to be motivated to exercise. Here is an idea – ask someone to walk with you for a cause. Agree on your distance and amount, like \$1.00 per mile. GFWC PA Health and Wellness recommends Canine Companions as a cause to walk. They are holding a Dog Fest in late September to raise money for families who receive dogs for assistance but do not have the funds for the dog’s upkeep. You can start walking this summer for Canine Companions. Collect your miles and money. Send it to GFWC PA Headquarters by September 15, 2021. The total collected will be sent to Canine Companions Dog Fest. By walking with family, friends or a team, your loneliness will go away, and you will feel good that you are exercising and helping someone else.

ENVIRONMENT

Mary Seyfert, Chairman
P.O. Box 363, Leesport, PA 19533
570-817-9817 mseyfert199@gmail.com

Did you know that food is the single largest category of materials placed in landfills, according to the U.S. Environmental Protection Agency? Rotting food in landfills emits methane, a powerful greenhouse gas. In 2019, methane accounted for about 10 percent of all U.S. greenhouse gas emissions from human activities.

Keeping food waste out of your garbage is one way you can personally contribute to mitigate climate change. Setting up a compost system will provide a way to turn your food scraps into nutrient rich soil. Isn’t that the most basic and natural recycling? Another benefit of composting is that you do not have to limit yourself to food scraps. Plants and other organic materials can also be added to the compost pile. Even people living in apartments can compost! I was excited to learn that small pieces of paper, no longer accepted by my municipal recycling center, can also be composted.

There are numerous resources available on-line or at your local library on how to start composting. Look for classes offered by your local community college or home improvement store. Let’s show some love to our planet by keeping our food scraps out of the landfill!

Virtually Volunteering

A few decades ago, there were very few computers being used in schools and businesses. Those computers were big and clumsy and they didn't do many things. Now, young people carry their iPads, smart phones, and laptops in their pockets. Teachers and textbooks are right there at their fingertips. Information is instantly available. Technology has raced ahead in ways no one imagined. Many schools now supply chrome books to all of their students.

The question now is how to best use those computers and tablets. "Virtual" schooling has become the new buzzword.

As clubwomen, you can use your computer to volunteer virtually – and you can do it from home or from the library. There are so many things you can do! One of the easiest is recording stories for teachers to use as *read-alouds* to the children, while they are busy with something else. Another possibility is that you can be in contact with a student, one-to-one, to assist him or her with math or spelling. Online tutoring can be a big help with multiplication tables or long division.

Share your hobbies. Knitting, crocheting, basket weaving, cooking and baking, gardening, automobile maintenance, and home improvement are just a few talents that students can learn from you online. Share information about careers – your own or the career of a family member or friend. This is a good avenue towards directing students to become aware of careers of which they had not previously been aware.

Remember STEM is one of our emphasis areas. Encourage young people to learn how to use tools, to program robots and machines, to take things apart and put them back together and to fix and repair things.

Share your interests and ideas with students, many of whom would not have learned without your help!.

Calendar of Upcoming Events
IMPORTANT DATES

DISTRICT	DATE	LOCATION	TIME
Central PA HOBY 2021 Leadership Seminar	June 11 13, 2021	Virtual	TBD
Eastern PA HOBY 2021 Leadership Seminar	June 11 and 12, 2021	Virtual	TBD
Western PA HOBY 2021 Leadership Seminar	TBD	Virtual	TBD
2021 GFWC Pennsylvania Annual Business Meeting and Convention	July 23-25, 2021	Sheraton Harrisburg Hershey	TBD

1895 Society Contributors

Karen Cochran

Carol Foley

Sandy Hauenstein

Denise Kocutt

Mary Seyfert

Melissa Somerville

Denise Tovlin

Patricia Vargo

GFWC Intermediate League of Butler

CLUB NEWS



The women of the **GFWC West Side Woman's Club** has been busy!

They recently donated funds to the NE PA Regional Food Bank, the Al Beech West Side Food Pantry, and the "Dinner for Kids" program.

The Dinner for Kids mission is to help solve childhood hunger by providing at-risk children prepared nutritious and balanced dinners year round.

From February to present more than 318 dinners have been delivered by club members. These nutritious dinners are provided for the "Dinner for Kids" program by Ollies Restaurant of Edwardsville.

Show in picture to the left, left to right, are: Betty Bauman, Vice President; Eileen Gallagher, Secretary; Marie Warren, Chairperson, Civic Engagement and Outreach; and Gina Rushkowski, President. Absent are: Peggy Hanlon, and Aileen Whalen.



The club responded to the challenge of raising funds to donate \$490.00 to the GFWC PA "Fill a Glass with Hope" Project.

As an incentive to encourage participation, a drawing was held to chance off a beautiful wooden tray, which will be presented to the winner at a future date.

Shown presenting the check to the Northeastern District Director, Karen French, from left to right are: Gina Rushkowski, President; Karen French, Northeastern District Director; Nancy D'Amico, Health and Wellness Chairman; and Christina Kinsman, Health and Wellness committee member.

VISION IMPAIRMENT

Gretchen Ann Eagen Mackie
Abington Heights Civic League, Inc.
President

Vision Impairment Awareness is more than meets the eye.

Did you know that the eyes are the window to other health issues? Droopy eyelids, which can be caused by stress and fatigue, can also signify a stroke, diabetes, and other health problems.

During my daughter Brianna's first year of college, she sent photos of herself which looked like she was winking because her right eye was slightly closed. With further observation, we realized that her eyelid was drooping.

The doctor examined her eye and diagnosed it as a lazy eye. He wasn't concerned. Over the next four years, the eyelid became puffy with a severe droop. Two doctors and several examinations later, she received the same feedback but was only prescribed topical ointment. Shockingly, she was told that she was aging early. A year later, Brianna had a crying episode and her eye swelled shut. She was referred to a specialist who immediately informed her that it was serious. It was either an autoimmune disease or cancer.

Brianna had a surgical biopsy and was diagnosed with Non-Hodgkin's Lymphoma of the Lacrimal Gland which is typically found in someone 65 or older. The cancer was localized to her eye and treated with radiation. Three months ago, she was informed that she is cancer free. Brianna's story was a success because her cancer was slow growing. Otherwise, with the misdiagnosis, it would not have been.

Brianna's advice is to always trust yourself and your body's signals as they maybe calling for help.

REMINDER:

Wear sunglasses that provide 99%-100% blockage of UVA and UVB radiation to protect your baby blues, greens, and brows from the sun's harmful rays.

NATIONAL SUNGLASSES DAY



JUNE 27

CLUBWOMEN!

***ARE YOU UP FOR A
CHALLENGE?***

Take a **SELFIE** or a **GROUP
SELFIE**.

Submit your photo to
Communications
Chairman, Sue
Hardenbrook, for posting
on the GFWC PA
Facebook page.
Or post on your Club's
Facebook page.

HELP RAISE AWARENESS
about the importance of
wearing your sunglasses
to protect your eyes from
the damaging UV rays of
the sun!



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PRESIDENT'S PROJECT

VISION IMPAIRMENT AWARENESS

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RULES of COURTESY to the BLIND

1. When offering assistance to a blind person do so directly; this helps her to locate you. Ask, "May I help you?" speaking in a normal tone.
2. In guiding a blind person, permit her to take your arm. Say, "Here is my left arm." She knows how to take your arm and will respond to your motion. Never grab a blind person's arm – she cannot anticipate your movement if you do.
3. In walking with a blind person, proceed at normal pace; hesitate slightly before stepping up or down. After crossing street, see that she is started straight in the direction she wants to take and caution her of any obstruction ahead.
4. In showing a blind person to a chair, place her hand upon the back of it. Do not try to push her into it. Her touch will tell her the type, width, and height of the chair.
5. When eating with a blind person offer to read the menu including the price of each item. When the food arrives, tell her where each item is on the plate top left, middle right, etc. If serving food, as you place each item on the table, call her attention to it as, "Here is your water." Offer to serve food from a casserole or platter, or cut up the food. It is never bad form to offer.
6. When conversing with a blind person, use normal terms as well as normal tone. Speak directly to her.
7. If making change in bills of more than one denomination hand her the bills separately and identify each denomination as you hand it to her. This is not necessary for coins, she knows them by touch.
8. If you see a blind person with a guide dog, do not approach the dog while it is working. The dog is at full attention to the needs of its owner. If the dog is at rest, ask the person if you may approach the dog.
9. When giving directions, don't point. Say, "Three blocks ahead, the building is on your right."
10. Remember she can't read street signs, note colors of buildings, etc.
11. Above all don't pity her. Thousands are successful workers and many more are working toward independence through local agencies of the PA Association for the Blind.

Your gifts to the local agencies help support the training and hiring of blind labor.